

Seven Lonely Days

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Barbara Shoda (USA) - August 2013
音乐: Seven Lonely Days - Bouke



Wait 24 counts to begin dance

STEP BRUSH STEP TAP, STEP BRUSH STEP TAP:

1-4 L step out to side(1), R brush across(2), R step across left(3), L tap toe back(4)
5-8 Repeat counts 1-4

SHUFFLE 1/4L, PIVOT ½ L, OUT OUT, JUMP BACK , HOLD

1&2, 3-4 Shuffle 1/4L Stepping L R L(1&2), Pivot ½ L Stepping R forward(3) pivot ½ L , weight to left(4)
5-6, &7-8 R step forward and out(5), L step forward and out(6), R step back(&), L step back(7), Hold(8)

HEEL STEPS RIGHT AND LEFT, RIGHT LINDY

1-4 R heel forward(1), R step(2), L heel forward(3), L step(4)
5&6, 7-8 R Side shuffle stepping R L R(5&6), L rock back(3), R recover(4)

SHUFFLE FORWARD, STEP, HOLD, SHUFFLE FORWARD, STEP, HOLD

1&2, 3-4 Shuffle forward stepping L R L(1&2), R step forward(3), Hold(4)
5&6, 7-8 Repeat counts 1&2, 3-4

Repeat

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