DJ Don't



拍数: 64 墙数: 2 级数: Higher Improver / Intermediate

编舞者: Peter Davenport (ES) - August 2013

音乐: DJ Don't - Gerald Levert : (Album:- In My Songs)



32 Count Intro, Approx 20 Sec's, Start on main Lyrics, Track Length 3,28

[1-8] Side Behind, &, Cross Step, Silor 1/4 L, Mambo 1/2 R

1,2& Step R to R, Cross L behind R, Step R to R [12]

3,4 Cross L over R, Step R to R

5&6 Sailor ¼ L [9] 7&8 Mambo ½ R [3]

[9-16] Side Behind, & Rock & Side, Behind Side Cross, Sway Sway

1,2& Step L to L, Cross R behind L, Step L to L
3&4 Rock R over L, Recover on L, Step R to R
5&6 Cross L behind R, Step R to R, Cross L over R

7,8 Sway Hips R,L (weight on L)

[17-24] 1/2 Rock Recover, & Rock Recover, Sailor 1/2R, Cross Back Side

1,2& 1/4 R Rock back on R, Recover on L, Bring R to L [6]

3,4 Rock forward on L, Recover on R 5&6 L Sailor ¼ R (step L out to L side) [9]

7&8 Cross R over L, Step L back, Step R to R (sway out to R side)

[25-32] NC2 Steps L & R, Walk Round 3/4 Turn L

1,2& Step L to L draggingR to L, Rock R behind L, Recover on L3,4& Step R to R dragging L to R, Rock L behind R, Recover on R

5,6 Start ³/₄ Turn L, Step L,R [5]

7,8 Complete ¾ L, Step L,R [*R/W2] [12]

[33-40] Side Rock, Behind Side, Cross Rock, Modified Weave L, 1/4 Lock

1,2 Rock L out to L, Recover on R

3&4& Cross L behind R,Step R to R, Cross Rock L over R, Recover on R
 5&6& Step L to L, Cross R behind L, ¼ L step on L, Lock R behind L [9]

7,8 Step L forward, Lock R behind L

[41-48] Unwind ½ R, Rock Back Replace, R Shuffle, L Shuffle

1,2 1,Unwind ½ R, 2,Sit back & Replace weight on L [3]

3,4 Rock back on R, Recover on L

5&6 Shuffle Forward R,L,R 7&8 Shuffle forward L,R,L

[49-56] Rockin Chair, 1/2 Reverse Shuffle L, 1/4 Side Shuffle L

1,2 Rock forward on R, Recover on L
3,4 Rock back on R, Recover on L
5&6 ½ shuffle L step back on R, R,L,R

7&8 ¼ L side shuffle L,R,L [6]

[57-64] Rock Back Repalce, & Side Hold & Side Hold, & Side Hold

1,2& Rock R behind L, Recover on L, &,Step R to R

3,4& Bring L to R, 4,HOLD, Step R to R (keep these steps short)

5,6& Bring L to R, 6,HOLD, Step R to R (keep these steps short)

7,8 Bring L to R, 8,HOLD (transfer weight to L) [6]

*Wall 2 Restart/Change of step Dance up to and including count 7 on section 4, HOLD on 8, still completing 3/4 turn

Contact: peterdavenport@hotmail.com