

Poor Little Fool

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Larry Bass (USA) - June 2013
音乐: Poor Little Fool - Ricky Nelson



Alt. music: "Creepin'" by Eric Church

ROCK STEP FORWARD, ROCK STEP SIDE; SLOW COASTER STEP, HOLD

1-2 Rock Right forward; Recover back onto Left
3-4 Rock Right to right side; Recover left onto Left
5-6 Step Right back; Step Left beside Right
7-8 Step Right forward; Hold

ROCK STEP FORWARD, ROCK STEP SIDE; ROCK STEP ¼ TURN; HOLD

1-2 Rock Left forward; Recover back onto Right
3-4 Rock Left to left side; Recover right onto Right
5-6 Rock Left behind Right; Recover forward onto Right
7-8 Turn ¼ turn right & step Left back; Hold (3:00)

TURNING STEP, SLIDE, STEP, HOLD; FORWARD STEP, SLIDE, STEP; HOLD

1-4 Turn ½ turn right & step Right forward, Slide Left beside Right; Step Right forward; Hold (9:00)
5-8 Step Left forward; Slide Right beside Left; Step Left forward; Hold

STEP ¼ TURN, CROSS, HOLD; HINGE TURN ½ CROSSOVER, HOLD

1-4 Step Right forward; Pivot ¼ turn left onto Left; Step Right across Left; Hold (6:00)
5-6 Turn ¼ turn right & step Left back; Turn ¼ turn right & step Right to right side;
7-8 Step Left across Right; Hold (12:00)

EXTENDED VINE; SIDE ROCK CROSS, HOLD

1-4 Step Right to right side; Step Left behind Right; Step Right to right side; Step Left across Right
5-8 Step Right to right side; Rock left onto Left; Step Right across Left; Hold

EXTENDED VINE; SIDE ROCK ¼ TURN, HOLD

1-4 Step Left to left side; Step Right behind Left; Step Left to Left side; Step Right across Left
5-8 Step Left to left side; Rock right onto Right turning ¼ turn right; Step Left forward; Hold (3:00)

FULL ROLLING TURN, HOLD; STEP, SLIDE, STEP, HOLD

1-4 Turn ½ turn left & step Right back; Turn ½ turn left & step Left forward, Step Right forward, Hold (3:00)

Easy Variation for 1-4: Step Right forward; Slide Left beside Right; Step Right forward; Hold

5-8 Step Left forward, Slide Right beside Left; Step Left forward; Hold

½ TURN CHASE TURN, HOLD; TURN, TURN STEP, HOLD

1-4 Step Right forward; Pivot ½ turn left onto Left; Step Right forward; Hold (9:00)
5-8 Turn ½ turn right & step Left back; Turn ½ turn right & step Right forward; Step Left forward; Hold

Easy Variation for 5-8: Step Left forward; Slide Right beside Left; Step Left forward; Hold

START OVER

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