

One Phone Call

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Ann Quinn (AUS) - August 2013
音乐: One Phone Call - Backstreet Boys : (Album: 'In a World Like This' - iTunes - 3:52)



Count in: 16 counts from start of track. Dance begins on vocals. Feet together, weight on L

Wall 5 is a short wall with a Restart on front wall after 32 counts.

[1-8] DIAGONAL ROCK, REPLACE, ¼ R SIDE TOGETHER ¼, ROCK, REPLACE, ¼ L SIDE SHUFFLE

1-2 Turn 1/8 L Rock-step R fwd, Recover weight on L [10:30]
3&4 Turn ¼ R Step R to R side, Step L beside R (&), Turn ¼ Step R fwd [4:30]
5-6 Rock-step L fwd, Recover weight on R
7&8 Turn ¼ L Step L to L side, Step R beside L (&), Step L to L side [1:30]

[9-16] ROCK FWD, REPLACE, SHUFFLE BACK, ROCK BACK, REPLACE, 1/8 R SIDE SHUFFLE

1-2 Rock-step R fwd (still on diagonal), Recover weight on L [1:30]
3&4 Step R back, Step L beside R (&), Step R back
5-6 Rock-step L back, Recover on R
7&8 Turn 1/8 R Step L to L side, Step R beside L (&), Step L to L side (angling body slightly to left) [3:00]

[17-24] CROSS ROCK, REPLACE, SIDE TOGETHER ¼, FWD, ¾ R SIDE SHUFFLE

1-2 Cross Rock R over L, Recover on L
3&4 Step R to R, Step L beside R (&), Turn ¼ R Step R fwd [6:00]
5-6 Step L fwd, Pivot ½ R (weight on right) [12:00]
7&8 Turn ¼ L Step L to L side, Step R beside L (&), Step L to L side [3:00]

[25-32] ROCK BACK, REPLACE, SIDE TOGETHER FORWARD, SIDE TOGETHER, L COASTER

1-2 Rock back R behind L, Recover on L [3:00]
3&4 Step R to R, Step L beside R (&), Step R fwd
5-6 Step L to L side, Step R beside L
7&8 Step L back, Step R beside L (&), Step L fwd *

[33-40] ROCK, REPLACE, ½ R TURNING SHUFFLE, SIDE ROCK, REPLACE, BEHIND, SIDE, FWD ON DIAGONAL

1-2 Rock-step R fwd, Recover weight on L
3&4 Turn ¼ R Step R to R, Step L beside R (&), Turn ¼ R Step R fwd [9:00]
5-6 Rock-step L to L side, Recover weight on R
7&8 Step L behind R, Step R to R side (&), Turn 1/8 R Step L fwd [10:30]

[41-48] STEP LOCK, LOCK SHUFFLE, FWD, PIVOT, ROCK SIDE, REPLACE, FWD

1-2 Step R fwd, Step L behind R – on diagonal [10:30]
3&4 Step R fwd, Step L behind R (&), Step R fwd
5-6 Step L fwd, Pivot ½ R (weight on R) – on diagonal [4:30]
7&8 Rock-step L to L, Recover weight on R (&), Step L fwd

[49-56] STEP LOCK, LOCK SHUFFLE, FWD, PIVOT, ROCK SIDE, REPLACE, FWD

1-2 Step R fwd, Step L behind R – on diagonal [4:30]
3&4 Step R fwd, Step L behind R (&), Step R fwd
5-6 Step L fwd, Pivot ½ R (weight on R) – on diagonal [10:30]
7&8 Rock-step L to left, Recover weight on R (&), Step L fwd

[57-64] FWD, PIVOT 3/8 L, FWD SHUFFLE, SIDE TOGETHER, SIDE SHUFFLE

1-2 Step R fwd (still on diagonal), Pivot 3/8 L (weight on L) [6:00]

3&4 Step R fwd, Step L beside R (&), Step R fwd

5-6 Step L to L, Step R beside L

7&8 Step L to L side, Step R beside L (&), Step L to L side **

(**Optional 7&8: FULL TURN L TRIPLE STEP –

Turn ¼ L Step L, Turn ½ L Step R beside L (&), Turn ¼ L Step L beside R)

RESTART: during wall 5 after 32 counts

* Dance to step 30, then replace coaster step with BACK, ¼ L BALL STEP: Step L back (31), Turn ¼ L Step R on ball of R (&), Step L to L (32). Restart dance on front wall.

ENDING: On Wall 7 (starting 6:00) dance to step 32 (end of coaster step), then ROCK FWD, REPLACE, ¼ R SIDE SHUFFLE R (dragging L to R) on front wall to finish.

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