

# You're No Good

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Terri Lineberry (USA) - August 2013  
音乐: You're No Good - Linda Ronstadt : (CD: Heart Like a Wheel - iTunes)



## 16 COUNT INTRO

### STEP, KICK, STEP, KICK, CROSS, HOLD, CROSS SHUFFLE LEFT

1-2&      Tap right, kick right forward, step right together  
3-4&      Tap left, kick left forward, step left together  
5-6      Cross right over left, hold  
&7&8      Step left to left, cross right over left, step left to left, cross right over left

### ROCK LEFT RECOVER, CROSS SHUFFLE RIGHT, ROCKING CHAIR

1-2      Step left to left, recover on right  
3&4      Cross left over right, step right to right, cross left over right  
5-6      Step right forward, recover on left  
7-8      Step right back, recover on left

### STEP BEHIND, TRIPLE STEP FORWARD, STEP, BEHIND, TRIPLE STEP

1-2      Step right forward, step left behind right  
3&4      Step right forward, step left to right, step right forward  
5-6      Step left forward, step right behind left  
7&8      Step left forward, step right to left, step left forward

### CROSS OVER, ¼ TURN RIGHT, TRIPLE BACK, CROSS OVER, TRIPLE BACK

1-2      Cross right over left, step left back ¼ turn right  
3&4      Step right back, step left to right, step right back  
5-6      Cross left over right, step right back  
7&8      Step left back, step right to left, step left back

## BEGIN AGAIN

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