Swingin'



编舞者: Jesse Garcia (USA) - January 2010

音乐: Hip Swing'in Blues - Diedra



Alt. tracks:-

Two Knock Yourself Out by: Leroy Parnell My Second Home by: Tracy Lawrence

Start With Weight On Left Foot - Start Dance on Lyrics

Right step lock with a brush, left step lock with a brush

1-2-3-4 Step fwd. on right foot, step left foot behind right foot, Step fwd. on right foot, Brush left foot

next to right.

5-6-7-8 Step fwd. on left foot, step right foot behind left foot, step fwd. on left foot, Brush right foot

next to left.

Grapevine right with a touch, grapevine left with a brush making 1/4 turn left

1-2-3-4 Step right foot to right side, step left foot behind right, step right foot to the side, touch left toe

next to right heel

5-6-7-8 Step left foot to left side, step right foot behind left, step right foot to the side making 1/4 turn

to left and brush right foot next to right.

Right rocking horse, Jazz box Square with 1/2 turn right

1-2-3-4 Step fwd. on right foot, recover weight back onto left foot, rock back on right foot, recover

weight fwd. onto left foot

5-6-7-8 Cross right foot over left, step left foot to the side making 1/4 turn right, step right foot to the

side making 1/4 turn right, step left foot next to right.

Jazz box square with 1/4 turn right, Toe Strutts (2x)

1-2-3-4 Cross right foot over left, step left to the side making 1/4 turn right, step right foot to the side,

step left foot next to right

5-6-7-8 Step fwd. on right toe, bring right heel down, step fwd. on left toe, bring left heel down

End of Dance, Start over

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