

Teardrops beginner

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Charlotte Neckelmann (DK) - August 2013
音乐: Only Teardrops - Emmelie de Forest



Split floor to Maggie Gallagher (Celtic Teardrops)

SYNCOPATED POINTS & TOUCHES - SIDE, SIDE , FORWARD, FORWARD, WALK FORWARD, FORWARD, KICK BALL STEP

- 1&2& Touch Left toe to left side (1), Step Left next to Right (&), Touch Right toe to right side (2), Step Right next to left (&)[12:00]
3&4& Touch Left heel forward (3), Step Left next to right (&), Touch Right heel forward (4), Step Right next to left [12:00]
5,6 Step forward left, right [12:00]
7&8 Kick left forward, Step left next to right, Step right beside left [12:00]

ROCK FWD L, L COASTER STEP. ROCK FWDR, R COASTER STEP

- 1,2 ,3&4 Rock forward on left, Recover on right. Step back on left, Step right next to left, Step forward on left) [12:00]
5,6,7&8 Rock forward on right, Recover on left. Step back on right, left next to right, Step forward on right) [12:00]

JAZZ BOX WITH 1/4 TURN LEFT, RIGHT STEP FW, HOLD

- 1, 2 Cross left over right (1), hold (2) [12:00]
3, 4 Step back on right (3), hold (4) [12:00]
5, 6 Step left to turning 1/4 left side (5), hold (6) [9:00]
7, 8 Step fw on right(7), hold (8) [9:00]

MAMBO BASIC. MAMBO SIDE ROCK STEPS

- 1,&,2,3,&,4 Rock forward w/left foot, step in place w/right foot, bring left foot next to right, rock back w/right foot, step in place w/left foot, bring right foot next to left) [9:00]

RESTART: Wall 7 after 28 counts [3:00]

- 5,&,6,7,&,8 Rock step side w/left foot, step in place w/right foot, bring left foot next to right, rock step side w/right foot, step in place w/left foot, bring right foot next to left[9:00]

Start again

TAG: After Wall 3 [3:00] which is the first four steps of the dance then Restart from the beginning

- 1&2& Touch Left toe to left side (1), Step Left next to Right (&), Touch Right toe to right side (2), Step Right next to left (&)
3&4& Touch Left heel forward (3), Step Left next to right (&), Touch Right heel forward (4), Step Right next to left

RESTART: Wall 7 after 28 counts [3:00]

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