

It's Over

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Charles & Sandra (UK) - July 2013
音乐: It's Over - Rod Stewart : (Album: Time - deluxe version)



Introduction - 47 counts (Start on the word congre...GATION)

Side, behind, side, side, touch, dip, recover, side

- 1 2 Step Left to Left side, Step Right behind Left
- 3 4 Step Left to Left side, Step Right to Right side
- 5 6 Touch Left forward, (weight on Right), Dip bending both knees
- 7 8 Straighten up, transferring weight to Left foot, Step Right to Right side

Hold, together, cross, point, ½ sailor turn, walk, walk, step ¾ side,

- 1&2 Hold, Bring Left Foot to Right, Cross Right over Left
- 3 Point Left to Left Side
- 4&5 Turn ½ turn Left sweeping L front to back stepping L Back, Step Right to R side, Step L Fwd
- 6 7 Walk forward Right, Walk forward Left [6:00]
- 8&1 Step Forward Right, Make ½ turn Left, Make ¼ turn Left stepping Right to side [9:00]

Rock back, recover, rock back and sweep, behind ¼ step, step ¼ pivot, cross shuffle

- 2 Rock Left Behind Right
- 3 4 Recover onto Right, recover onto Left as Right sweeps out
- 5&6 Cross Right behind left, Make ¼ turn Left as you step Left fwd, Step Right Fwd [6:00]
- 7 Make ¼ pivot Left, (weight on Left) [3:00]
- 8&1 Cross Right over Left, Step Left to Left side, Cross Right over left

Point, point, sailor ½ turn, full triple turn, step ¼ Cross

- 2 3 Point Left to Left side, Point Left forward
- 4&5 Turn ½ turn Left sweeping L front to back stepping L Back, Step Right to R side, Step Left Fwd [9:00]
- 6&7 Make ½ turn left stepping right back, Make ½ turn Left Stepping Left Fwd, Step Right Fwd [3:00]
- 8&1 Step Left foot Fwd, Make ¼ pivot Right , Cross Left over Right [12:00]

¼ step back, back, back recover, walk, walk, ¼ sailor tap

- 2 3 Make ¼ turn left stepping back on Right, Step back on Left [9:00]
- 4 5 Step back on Right, Recover onto Left
- 6 7 Walk Forward Right, Walk Forward Left
- 8&1 Cross right behind left, make ¼ turn right stepping left next to right, tap Right behind Left [12:00]

Sway, Sway, Right Chasse, Rock Back Recover

- 2 3 Step Right to Right side as you sway, Recover onto Left
- 4&5 Step Right to right side, Close Left to Right, Step Right to right
- 6 7 Rock Left Behind Right, Recover onto Right.

Main Dance

(Section 1) Kick ball cross, sway x3, right chasse, rock back

- 1&2 Kick Left forward, step Left in place, cross Right over Left
- 3 4 5 Step Left to left side as you sway, sway right, sway left
- 6&7 Step Right to Right side, Close Left to right, Step Right to Right side
- 8 Rock Back on Left foot

(Section 2) Rock forward, Recover, ¼ sailor cross, scissor cross, side, together

- 1 2 Rock forward onto Right foot, rock back on Left starting to sweep right foot out
3&4 Cross Right behind Left making ¼ turn Right, Step Left to Left side, Cross Right over Left [3:00]
5&6 Step Left To left side, close right to left, Cross Left over Right
7 8 Take large step to Right side as Left foot drags towards Right, Step Left in place

(Section 3) Samba steps x2, Rock Recover, coaster step

- 1&2 Cross Right over Left, Rock Left to left side, Recover onto right (Slightly travelling forward)
3&4 Cross Left over Right, Rock Right to right side, Recover onto Left (Slightly travelling forward)
5 6 Rock forward on Right, Recover on Left
7&8 Step back on Right, Step Left Together, Step Right Forward

(Section 4) Step ¼ pivot, Cross shuffle, side drag, and Cross unwind

- 1 2 Step forward Left, ¼ pivot Right [6:00]
3&4 Cross Left Over Right, Step Right to Right, Cross Left over Right
5 6 Take large step to Right side as left drags to right
&7 8 Step Left in place, Cross Right Over Left, Unwind Full turn Left ending with weight on Right

(Restart here wall 4)

(Section 5) Chasse Left, rock ¼ turn, recover, step, hold, close Step side

- 1&2 Step Left To left side, Close Right to Left, Step Left To Left
3 4 Make ¼ turn Right stepping back on Right, recover onto Left [9:00]
5 6 Step forward on Right, Hold
&7 8 Close Left to right, Step Forward Right, Step Left to Left side

(Section 6) Close, cross, back, ¼ turn left, hold, close Side, Back rock side

- &1 2 Close Right to Left, Cross Left over Right, Step Back Right
3 4&5 Make ¼ Left stepping left to Left side. Hold, Close Right to Left, Step Left to Left [6:00]
6 7 8 Rock Back On Right, Recover on Left, Step Right To right side

TAG (16 counts) End of wall 1

Left Side, Right behind, ¼ Turn Left, Step fwd Right, ¾ Turn Left, right Side, Left Behind

- 1 2 Step Left To left, Cross Right behind Left
3 4 Make ¼ turn left stepping fwd on Left. Step forward on right [3:00]
5 6 Pivot ¾ left (weight on left), Step Right to Right Side [6:00]
7 8 Cross left behind Right, Step Right to Right side

Step, step, ¾ turn right, left behind, ¼ turn right, step, ½ pivot

- 1 2 Step Left forward, step right forward [6:00]
3 4 Pivot ¾ left, (weight on left), Step right to right side [9:00]
5 6 Cross Left behind Right, Make ¼ turn right stepping right Forward [12:00]
7 8 Step Left Forward, pivot ½ turn Right [6:00]

Contact - E-mail: mercuryldance@gmail.com
