

For Once In My Life

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Vikki Morris (UK) - August 2013
音乐: For Once In My Life - Stevie Wonder : (Album: The Definitive Collection)



Start: 24 counts on the word "Once"

Right Side, Left Behind, Right Kick Ball Cross, Sway x 2 Hitch, ¼ Right Shuffle

1 2 Step Right to Right side, Cross Left behind Right
3&4 Kick Right to Right diagonal, Step back slightly Right, Cross Left over Right
5 6 Step Right to Right side as you sway onto Right, Sway onto Left as you hitch Right

Tag&Restart wall 5

7&8 Step Right to Right side, Step Left next to Right, Turn ¼ turn Right stepping forward Right (3 o'clock)

Step ¼ Pivot Right, Left Cross Shuffle, Step Right, Drag Left, Right Kick Ball Change

1 2 Step forward Left, Pivot ¼ turn Right (6 o'clock)
3&4 Cross Left over Right, Step Right to Right side, Cross Left over Right
5 6 Step Right large step to Right side dragging Left to Right, Step on Left
7&8 Kick Right forward, Step Right next to Left, Step Left in place

Skate Right, Left, Right Shuffle Forward, Left Rock Step, Left Coaster Step

1 2 Skate Right forward, Skate Left forward
3&4 Step forward Right, Step Left next to Right, Step forward Right
5 6 Rock forward on Left, Recover on Right
7&8 Step back on Left, Step Right next to Left, Step Left forward

Step Pivot ¼ Left, Right Cross Shuffle, Left Side, Right Behind, Syncopated Left Scissor Step

1 2 Step forward Right, Pivot ¼ turn Left (3 o'clock)
3&4 Cross Right over Left, Step Left to Left side, Cross Right over Left
5 6 Step Left to Left side, Cross Right behind Left
&7 8 Step Left to Left side (&), Step Right next to Left, Cross Left over Right

TAG: on wall 5 after 6 counts (Sway Right, Left) (12 o'clock)

& Jump forward, Clap x2

&1 Step forward and out with Right, Step forward and out with Left
&2 Clap hands twice

Restart from beginning of dance.

Contact - Email; gypsyncowgirl@blueyonder.co.uk