Sayonara (Bugger Off)

级数: Improver

拍数: 32 编舞者: Terry Rauhihi (NZ) - August 2013

音乐: So Long - ABBA

Intro: 16 Counts (From Heavy Guitar Riff)

STEP - LOCK - STEP WITH TOUCH, SIDE - TOUCH, HEEL - HOOK

- Step Forward On Right, Lock Left Behind Right, Step Forward On Right, Touch Left Beside 1 - 2 - 3 - 4Right
- 5 6 7 8Step Left To Side, Touch Right Beside Left, Tap Right Heel Forward, Hook Across Left Knee

FORWARD - TAP - BACK - KICK, COASTER WITH HOLD

- Step Forward On Right, Tap Left Toe Behind Right, Step Back On Left, Kick Right Forward 1 - 2 - 3 - 4
- 5 6 7 8Step Back On Right, Close Left Beside Right, Step Forward On Right, HOLD

SIDE ROCK - CROSS WITH HOLD, SIDE ROCK - CROSS WITH HOLD

- 1 2 3 4Rock Left To Side, Recover Onto Right, Cross Left Over Right, HOLD
- 5 6 7 8Rock Right To Side, Recover Onto Left, Cross Right Over Left, HOLD

SIDE - TOUCH, ¼ TURN - TOUCH, SIDE - TOGETHER - FORWARD - HOLD

- 1 2 3 4Step Left To Side, Touch Right Beside Left, Making ¼ Turn Right Step Forward On Right, Touch Left Beside Right
- 5 6 7 8Step Left To Side, Close Right Beside Left, Step Forward On Left, HOLD
- (3 O'Clock)

REPEAT

TAG & RESTART: On Wall 5 After 1st 8 Counts There Is An 8 Count Tag Followed By A Restart (This Now Becomes Wall 6)

ROCK RECOVER, ½ TURN – HOLD, ROCK RECOVER, ½ TURN – HOLD

- 1 2 3 4Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Step Forward On Right, HOLD
- Rock Forward On Left, Recover Onto Right, Making ¹/₂ Turn Left Step Forward On Left, 5 - 6 - 7 - 8HOLD

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墙数:4