

Letting Go

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Novice - Smooth WCS
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音乐: Letting Go - Joe Cocker : (Album: Fire it Up)



Intro: 16 counts

WALK, WALK, KICK BALL CROSS, ¼ SCISSOR TURN, SWEEPING ½ TURN

1 RF step forward
2 LF step forward
3 RF kick diagonally right
& RF step down on ball
4 LF step cross RF
5 RF step side right
& LF step beside RF
6 RF step forward ¼ turn left (9:00)
7 LF sweeping from back to front ½ turn right (3:00)
8 LF step with weight on Ball of LF (3:00)

½ TURN SWIVELS, CROSS, BACK, BACK, KICK, CROSS, BACK, BACK, TOE SWITCHES, STEP

1 swivel both heels ¼ turn right (6:00)
& swivel both heels ¼ turn left (3:00)
2 swivel both heels ½ turn right (9:00) shifting weight on left
3 RF step cross LF
& LF step back
4 RF step back
5 LF kick forward
& LF step cross RF
6 RF step back
& LF step back
7 RF touch right toe right
& RF step beside left
8 LF touch left toe left
& LF step beside RF

WALK, WALK, ¼ TURN, SIDE, BEHIND, SIDE, CROSS, ¼ ROCK TURN, STEP, ½ PIVOT

1 RF step forward
2 LF step forward
& RF step side right ¼ turn left (6:00)
3 LF step behind RF
& RF step side right
4 LF step cross RF
5 RF rock side right
& LF recover with a ¼ turn left (3:00)
6 RF step forward
7 LF step forward
8 RF pivot ½ turn left step RF back (9:00)

COASTER STEP, STEP, ½ PIVOT, KICK, KICK, BALL, TOUCH, DRAG

1 LF step back
& RF step beside LF
2 LF step forward

- 3 RF step forward
- 4 LF pivot ½ turn right step LF back (3:00)
- 5 RF kick forward
- & RF step beside LF
- 6 LF kick forward
- & LF step on ball beside RF
- 7 RF touch side right while bending left knee
- 8 RF drag towards LF straightening knee

Start again

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