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拍数: 64 墙数: 2 级数: Intermediate 编舞者: Karl-Harry Winson (UK) - July 2013 音乐: Mama Must Be Prayin' - Bucky Covington: (CD: Good Guys) 32 count intro - Start on vocals Section 1: Walk x 2, Forward Shuffle, Forward Rock, Shuffle 1/2 Turn Walk forward right. Walk forward left. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Shuffle step 1/2 turn left, stepping - left, right, left. (6:00) Section 2: Full Turn, Forward Shuffle, Forward Rock Back Step, 1/4 Turn Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Step left back. Turn 1/4 right stepping right out to right side. (9:00) Section 3: Cross Point x 2, Touch, Point, Behind, Side Cross left over right. Point right toe out to right side. Cross right over left. Point left toe out to left side. Touch left toe across right. Point left toe to left side. Cross left behind right. Step right to right side. Section 4: Cross, Unwind 1/2 With Heel Bounces, Coaster Step, Walk x 2 Cross left over right. Unwind 1/2 turn right, bouncing heels 3 times (weight ends on left). (3:00) Step right back. Step left beside right. Step right forward. Walk forward left. Walk forward right. Section 5: Rocking Chair, Step, Pivot 1/2, Walk x 2 Rock forward on left. Recover onto right. Rock back on left. Recover onto right. Step left forward. Pivot 1/2 turn right. (9:00) Walk forward left. Walk forward right. Section 6: Rocking Chair, Step, Pivot 1/2, Step, Pivot 1/4 Rock forward on left. Recover onto right. Rock back on left. Recover onto right. Step left forward. Pivot 1/2 turn right. (3:00) Step left forward. Pivot 1/4 turn right. (6:00) Section 7: Weave, Monterey 1/2 Turn, Point Cross left over right. Step right to side. Cross left behind right. Point right to right side. Turn 1/2 right stepping right beside left. Point left toe out to left side. (12:00) Step left in place beside right. Point right toe out to right side. Section 8: Monterey 1/2 Turn, Toe Touch, Heel Switches, & Heel Dig, Toe Touch Turn 1/2 right stepping right beside left. Point left toe out to left side. (6:00) Step left in place beside right. Touch right toe in place beside right. Dig right heel forward. Step right beside left. Dig left heel forward.

Step left in place beside right. Dig right heel forward. Touch right toe back.

