

You're Beautiful

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate - smooth
编舞者: Steve Lescarbeau (USA) - July 2013
音乐: #Beautiful (feat. Miguel) - Mariah Carey



Cross, Unwind w/Ronde, Rock Back, Recover, Step Lock Step at angle

&1, 2, 3, 4&5 Quickly cross L over R, Unwind $\frac{1}{2}$ R while sweeping R front to B, Rock back on R, Recover L, Step R fwd Slide L behind R, Step R forward. [7:30]

Step, Pivot $\frac{1}{2}$ R, $\frac{1}{2}$ R Back, Lock, Back

6, 7, 8&1 Step L fwd, Pivot $\frac{1}{2}$ R on R, $\frac{1}{2}$ turn R as you step back on L, Slide R back across L, Step back L [7:30]

Jump Back Point, Hold, Step on L, $\frac{1}{4}$ L Stepping Back on R

&2, 3, 4, 5 Quickly jump back on R, Point L toe forward, Hold, Step down on L as you square up to 6:00, $\frac{1}{4}$ L stepping back on R [3:00]

L Side Mambo, Side Cross $\frac{1}{4}$ L Heel Drag

6&7, 8&1 Rock L to L, Recover R, Step L next to R, Step R to R, Quickly cross L over R, Make $\frac{1}{4}$ L taking a big step back on R while dragging your left heel to home [12:00]

Drag, Ball Step, Flick, Point and Point

2, &3, 4&5 Continue dragging you left heel home, Quickly step on ball of L, Jump fwd on R as you flick L behind, Point L toe to side, Quickly step on ball of L, Point R toe to right [12:00]

& Point, Hitch Cross, Scissors

&6&7, 8&1 Quickly step on ball of R, Point L toe to side, Hitch L, Cross L over R, Rock R to R, Recover L, Cross R over L [12:00]

Back $\frac{1}{4}$ R, $\frac{1}{4}$ R, Chase $\frac{1}{2}$ R, $\frac{1}{4}$ R

2, 3, 4&5 Step back L as you make $\frac{1}{4}$ R, $\frac{1}{4}$ R on R, Step forward L, $\frac{1}{2}$ R stepping forward R, $\frac{1}{4}$ R stepping L to L [3:00]

Behind Side Cross Unwind $\frac{1}{2}$ L, Hold

6&7, 8 Step R behind L, Quickly step L to L, Cross R over L as you unwind $\frac{1}{2}$ L transferring weight to R, Hold [9:00]

BEGIN AGAIN!

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Last Revision - 13th August 2013
