

It's All Over Now

拍数: 32 墙数: 4 级数: High Beginner - Quickstep
编舞者: Beate Keller (DE) - July 2013
音乐: It's All Over Now - The Rolling Stones



Start: 32 counts intro

(1-8) STEP SIDE R (SLOW), STEP BESIDE-STEP IN PLACE (QUICK-QUICK), STEP SIDE L (SLOW), TOUCH BESIDE (SLOW)

- 1 - 2 RF step side right – hold (slow)
- 3 - 4 LF step beside RF – RF step in place (quick-quick)
- 5 - 6 LF step side left – hold (slow)
- 7 - 8 RF touch next to LF - hold (slow) Option: RF hitch – hold (slow)

(9-16) ROCK BACK-RECOVER (QUICK-QUICK), ¼ TURN L STEP SIDE R (SLOW), ¼ TURN L TOUCH BESIDE (SLOW), ¼ TURN R STEP SIDE L-STEP BESIDE (QUICK-QUICK)

- 1 - 2 RF rock back – LF recover (quick-quick)
- 3 - 4 RF ¼ turn left and step side right - hold (slow)
- 5 - 6 LF ¼ turn left and touch beside RF (6:00) - hold (slow)
- 7 - 8 LF ¼ turn right and step side left (9:00) – RF step next to LF (quick-quick)

(17-24) ¼ TURN R STEP BACK (SLOW), ¼ TURN R STEP SIDE R (SLOW), ROCK R DIAG FWD-RECOVER-ROCK L DIAG BACK-RECOVER (Q-Q-Q-Q)

- 1 - 2 LF ¼ turn right and step back (12:00) – hold (slow)
- 3 - 4 RF ¼ turn right and step side right (3:00) – hold (slow)
- 5 - 6 LF rock right diag fwd – RF recover (quick-quick)
- 7 - 8 LF rock left diag back – RF recover (quick-quick)

(25-32) ROCK R DIAG FWD-RECOVER-ROCK L DIAG BACK-RECOVER (Q-Q-Q-Q), STEP SIDE L (SLOW), TOUCH CROSS BEHIND (SLOW)

- 1 - 2 LF rock rock right diag fwd – RF recover (quick-quick)
- 3 - 4 LF rock left diag back – RF recover (quick-quick)
- 5 - 6 LF step side left -hold (slow)
- 7 - 8 RF touch cross behind LF – hold (slow)

Start again

Please do not modify this step sheet in any way without the permission of the choreographer.

Contact: beate.keller1@gmx.de