

Coming Back As A Man

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Carin Browne & CeeJay (UK) - July 2013
音乐: Coming Back As a Man - Caro Emerald : (Album: The Shocking Miss Emerald)



Intro: 8 counts from beginning of beat (approx. 8 secs from start of track) One tiny TAG

Toe strut Toe strut, Kick ball ¼ turn X2

1,2,3,4 Right toe strut to right side, Left toe strut crossing Left over Right
(Note: Toe struts can be done leaning slightly back and clicking fingers when heel steps down on second beat, giving them a '1930s' type feel)
5&6, Kick Right forward, step on ball of Right (next to left), turning ¼ left step Left forward
7&8 Repeat steps 5&6 (6)

Toe strut, Toe strut, Back side cross, Shuffle 1/4 turn left

1,2,3,4 Right toe strut to right side, Left toe strut crossing Left over Right (see note above)
5&6 Step back onto Right, step Left to left side, Cross Right over Left,
7&8 Step Left to left side, Step Right next to Left, ¼ turn left stepping Left forward (3)

Sweep turning ½ left, Cross back side, Lean/sit back, push forward, Diagonal shuffle

1, Sweep Right foot from back to front swivelling ½ turn left on Left, (9)
2,3,4 Cross Right over Left, Step Left back, Step Right to right side,
5,6 With weight on both feet & bent knees lean (sit) back, then up and push forward,
(Note: Maybe pretend you have a cane to push onto)
7&8 Facing left diagonal (corner) step Right forward, step Left next to Right, step Right forward (9)

Turn ¼ right, turn ½ right, ¼ turning right side shuffle, bump bump, hip circle

1,2 Straightening up turn ¼ right stepping back on Left, turn ½ right stepping forward onto Right,
3&4 Turn ¼ right as you step Left to left side, step Right next to Left, step Left to left side, (9)
5,6 Bump hips to right, bump hips to left,
7,8 Circle hips anti-clockwise, weight ending on Left. (9)

Just one tiny TAG on wall 8:

Dance to Sweep turning ½ left, Cross back side (Section 3, steps 1,2,3,4)

TAG: sway right, sway left

Restart the dance when 'Miss Emerald' starts singing again: "I'll HIDE..... "

Dance ends at beginning of Section 3 step 1:

Sweep Right foot from back to front swivelling ½ turn left on Left – end facing front.

HAVE FUN!

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