

# Only Lonely

拍数: 64      墙数: 2      级数: Improver  
编舞者: Maria Hennings Hunt (UK) - July 2013  
音乐: You're Only Lonely - JD Souther



## Intro 32 counts

### SIDE, CLOSE, SHUFFLE FWD, SIDE CLOSE SHUFFLE FWD

1-2            Step side LF, close RF to LF  
3&4           Step LF forward, close RF to LF, step LF forward  
5-6           Step side RF, close LF to RF  
7&8           Step RF forward, close LF to RF, step RF forwards

### ROCK STEP, BACK LOCK STEP, ½ TURN, WALK, WALK, SHUFFLE

1-2            Rock forward on LF, recover weight on RF  
3&4           Step back LF, lock RF in front of LF, step back LF  
5-6           Turn ½ over right shoulder, walk forward on RF, walk fwd LF  
7&8           Step forward on RF, close LF to RF, step forward RF

\* Alternative counts 5-8\* Turn ½ right, full turn right stepping forward LF

### ROCK STEP, COASTER STEP. JAZZ BOX ¼ TURN CROSS

1-2            Rock forward on LF, recover weight on RF  
3&4           Step back on LF, close RF to LF, step LF forwards  
5-6           Cross RF over LF, step back LF  
7-8           Step RF to side turning ¼ right, cross LF over RF

### ¼, ¼ CROSS SHUFFLE, ¼, ¼ CROSS SHUFFLE

1-2            Turning ¼ L step RF back, turning ¼ L step LF to side  
3&4           Cross RF over LF, step LF to side, cross RF over LF  
5-6           Turing ¼ R step LF back, turning ¼ R step RF to side  
7&8           Cross LF over RF, step RF to side, cross LF over RF

### SIDE ROCK, BEHIND SIDE CROSS, SIDE, CLOSE, CHASSE LEFT

1-2            Rock RF to side, recover weight LF  
3&4           Step RF behind LF, step LF to side, cross RF over LF  
5-6           Step LF to side, close RF to LF taking weight on RF  
7&8           Step LF to side, close RF to LF, step LF to side

### JAZZ BOX CROSS, SIDE, CLOSE, CHASSE RIGHT

1-2            Cross RF over LF, step back LF  
3-4           Step RF to side, cross LF over RF  
5-6           Step RF to side, close LF to RF taking weight on LF  
7&8           Step RF to side, close LF to RF, step RF to side

### CROSS ROCK, CHASSE LEFT, WEAVE ¼ TURN LEFT

1-2            Cross LF over RF, recover weight on RF  
3&4           Step LF to side, close RF to LF, step LF to side  
5-6           Step RF across LF, step LF to side  
7-8           Step RF behind LF, step LF ¼ turn left (6)

### FWD ROCK, COASTER STEP, ROCKING CHIAR (OR STEP ½ TURN, STEP ½ TURN)

1-2            Rock forward on RF, recover weight LF  
3&4           Step RF back, close LF to RF, step RF forward

5-6 Rock forward on LF, recover weight on RF  
7-8 Rock back on LF, recover weight on RF

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