We're Alright



拍数: 32 **墙数:** 4 **级数:** Beginner

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音乐: Alright - Supergrass: (CD: Various CDs - 3:02)



Intro: 16 Counts (Approx. 6 Secs)

Restart: On Wall 9, Restart after 8 Counts (*R*) facing Front Wall.

RUMBA BOX FORWARD.

1 - 2 Step forward with right, touch left next to right.
3 - 4 Step left to the left, step right next to left.
5 - 6 Step back with left, touch right next to left.

7 – 8 Step right to the right, step left next to right. (12 O'CLOCK)

(*R*) wall 9

SIDE, KICK. SAILOR STEP. KICK, BEHIND, SIDE.

1 – 2 Step right to the right, kick left foot forward to left diagonal.

3-4-5 Cross step left behind right, step right to the right, step left to the left.

6 – 7 – 8 Kick right foot forward to right diagonal, cross step right behind left, step left to the left. (12

O'CLOCK)

CROSS, HITCH. DIAGONAL STEP, LOCK. STEP, HITCH 1/4 TURN L. STEP, LOCK.

1-2 Cross step right over left, hitch left knee up.

3 – 4 Step left foot forward to right diagonal, lock right behind left.

5 – 6 Step left foot forward to right diagonal, make a ¼ turn left hitching right knee up.

7 – 8 Step forward with right, lock left behind right. (9 O'CLOCK)

STEP, HOLD. MAMBO FORWARD, HOLD. COASTER STEP.

1-2 Step forward with right, hold for Count 2.

3-4-5-6 Rock forward with left, recover onto right, step back with left, hold for Count 6.

7-8 Step back with right, step left next to right.

Improver Alternative:

3-4-5 Rock forward with left, recover onto right, make a $\frac{1}{2}$ turn left stepping forward with left.

6 – 7 – 8 Hold for Count 6, step forward with right, pivot a ½ turn left. (9 O'CLOCK)

END OF DANCE!