

Here is Jack

拍数: 64 墙数: 4 级数: Improver
编舞者: Søren Kristensen (DK) - July 2013
音乐: You Don't Know Jack - Luke Bryan



Tag: After wall 1: sway R, Sway L - facing 9:00

Restart: In wall 3 after 16 counts - facing 9:00

Tag/Restart: in wall 6 after 44 counts – instead of Hold after step R, ½ turn L, ½ turn L, you will step L beside R and start from the top – facing 12:00

CROSS ROCK, SIDE ROCK R, PADDLE ¼ TURN L X2

1-2 Rock R over L, recover onto L
3-4 Rock R to R side, Recover onto L
5-6 Step fwd on R, ¼ turn L stepping onto L (9:00)
7-8 Step fwd on R, ¼ turn L stepping onto L (6:00)

CROSS ROCK, SIDE ROCK R, WEAVE L WITH ¼ L

1-2 Rock R over L, recover onto L
3-4 Rock R to R side, Recover onto L
5-6 Cross R over L, Step L to L side
7-8 Step R behind L, ¼ L stepping fwd on L (3:00)

Restart in wall 3 – facing 9:00

STEP R, ½ TURN L, STEP R, HOLD, TOE STRUT L, TOESTRUT R

1-2 Step fwd on R, ½ turn L stepping onto L (9:00)
3-4 Step fwd on R, Hold
5-6 Point L toe fwd, step down on L heel
7-8 Point R toe fwd, Step down on R heel

STEP L, ¼ TURN R, CROSS, HOLD, SIDE ROCK R, TOGETHER, HOLD

1-2 Step fwd on L, ¼ R stepping onto R (12:00)
3-4 Cross L over R, Hold
5-6 Rock R to R side, Recover onto L
7-8 Step R beside L, Hold

DIAGONAL CROSS KICK L, DIAGONAL KICK R, CROSS ROCK, ¼ TURN L, HOLD

1-2 Kick L to R diagonal crossing R, Cross L over R
3-4 Kick R to R diagonal, step R beside L
5-6 Rock L over R, Recover onto R
7-8 ¼ L stepping fwd on L, Hold (9:00)

STEP R, ½ TURN L, ½ TURN L, HOLD. COASTER STEP L, HOLD

1-2 Step fwd on R, ½ turn L stepping onto L (3:00)
3-4 ½ turn L stepping back on R, Hold (9:00)

Tag/restart in wall 6: instead of Hold, step L beside R and start from the top - facing 12:00

5-6 Step back on L, step R beside L
7-8 step fwd on L, Hold

STEP LOCK STEP R, HOLD, STEP LOCK STEP L, HOLD

1-2 Step fwd on R, Lock L behind R
3-4 Step fwd on R, Hold
5-6 Step fwd on L, Lock R behind L
7-8 Step fwd on L, Hold

ROCK FWD R, CROSS, HOLD, COASTER STEP L, HOLD

1-2 Rock fwd on R, Recover onto L

3-4 Cross R over L, Hold

5-6 Step back on L, step R beside L

7-8 step fwd on L, Hold

Tag after wall 1, Sway R, Sway L

Start again & enjoy

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