

Mi Bombon Salsa

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Lars Kuif (NL) - July 2013
音乐: "Mi Bombon (Salsa Version)" by Andrés Cabas



Info: 102 Bpm - Starts after 44 counts

[1-8] Side Mambo Step R + L, Chassé R, L Mambo Back, L Side Step

- 1 & 2 Rock R to side, recover to L
- 3 & 4 Rock L to side, recover to R
- 5 & 6 Step R to side, step L next to R, step R to side
- 7 & 8 Rock L back, recover to R, step L to side

[9-16] R Mambo Back, R Side Step, ½ Sailor Turn L, R Shuffle Fwd. L

- 1 & 2 Rock R back, recover, step R to side
- 3 & 4 Sailor ½ turn L stepping L-R-L
- 5 & 6 Step R fwd., step L next to R, step R fwd.
- 7 & 8 Step L fwd., step R next to L, step L fwd.

[17-24] Cross, ¼ Turn R stepping L Back, R Step Back, L Mambo Back, R-L-R Step Lock Step Fwd., L Mambo Fwd.

- 1 & 2 Step R across L, ¼ turn R stepping back on L, step R back
- 3 & 4 Rock L back, recover to R, step L fwd.
- 5 & 6 Step R fwd., lock L behind R, step R fwd.
- 7 & 8 & Rock L fwd, recover to R, step L back, sweep R back

[25-32] Step R + L Back (With Sweeps), Sailor Cross, Side Rock Cross, Chassé R

- 1 & 2 & Step R back, sweep L back, step L back, sweep R back
- 3 & 4 step R back, step L to side, step R across L
- 5 & 6 rock L to side, recover to R, step L across R
- 7 & 8 Step R to side, step L next to R, step R to side

[33-40] L Cross Back, Recover, L Side, R Cross Back, Recover, R Side (2x)

- 1 & 2 Cross rock L behind R, recover to R, step L to side
- 3 & 4 Cross rock R behind L, recover to L, step R to side
- 5 & 6 Cross rock L behind R, recover to R, step L to side
- 7 & 8 Cross rock R behind L, recover to L, step R to side

[41-48] L Step Fwd., ½ Turn R, L Shuffle Fwd., R Mambo Step Fwd., L Mambo Step Back

- 1 – 2 Step L fwd., ½ turn R (weight to R)
- 3 & 4 Step L fwd., step R next to L, step L fwd.
- 5 & 6 Rock R fwd., recover to L, step R back
- 7 & 8 Rock L back, recover to R, step L fwd.

Start again.

Have fun and enjoy!

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