

Skate, Bump & Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Bertha Arseneau (CAN) - June 2013
音乐: Rabiosa (feat. Pitbull) - Shakira



Intro: 16 count)

Ice Ice Baby by Glee Cast (No tags or restarts) Intro: 32 count

(Sec.1) Skate, Right, Left, Right, Left, Shuffle slightly fwd Right and Left (1-8)

1-2 Skate RF to R diagonally fwd (1), skate LF to L diagonally (2)
3-4 Skate RF to R diagonally fwd (3), skate LF to L diagonally (4)
5&6 Step RF fwd diagonally R (5), step LF next to RF (&), step RF fwd diagonally R (6),
7&8 Step LF fwd diagonally R (5), step RF next to LF (&), step LF fwd diagonally R (6) (12:00)

(Sec.2) Kick Fwd, to ¼ turn R Kick Fwd, Coaster Step, Step Pivot ½ Turn, Fwd Shuffle (9-16)

1-2 Kick RF fwd (1), to ¼ R kick RF fwd (2) (3:00)
3&4 Step back RF (3), step LF back next to RF (&), step RF fwd (4)
5-6 Step LF fwd (5), step RF to ½ turn R (6) (9:00)
7&8 Step LF fwd (7), step RF next to LF (&), step LF fwd (8)

(Sec.3) Walk Fwd on RF, LF, Fwd Mambo, Walk back LF, RF, Back Mambo (17-24)

1-2 Walk RF fwd (1), walk LF fwd (2),
3&4 Step RF fwd (3), step LF in place (&), step RF next to LF (4),
5-6 Walk LF back (5), walk RF back (6)),
7&8 Step LF back (7), step RF in place (&), step LF next to RF (8)

SSec.4) Scuff and Shuffle steps, R. L. R. L. to 1/2 turn Left (25-32)

&1&2 Scuff RF fwd (&), shuffle ⅛ turn left (R,L,R) (1&2)
&3&4 Scuff LF fwd (&), shuffle ⅛ turn left (L,R,L) (3&4)
&5&6 Scuff RF fwd (&), shuffle ⅛ turn left (R,L,R) (5&6)
&7&8 Scuff LF fwd (&), shuffle ⅛ turn left (L,R,L) (7&8) (3:00)

Options for section 4:

You can do Body Rolls.

Keeping weight on LF, touch RF to R while doing ⅛ turn L (1), roll body (2)

Repeat for count 3 to 8 to bring you ½ turn L.

Or do push turns:

Keeping weight on LF, touch RF to R while doing ⅛ turn L (1), hitch R knee (2)

Repeat for count 3 to 8 to bring you ½ turn L

Start Over, Enjoy!!

****Two Restarts for the song Rabiosa:**

*1st restart: On wall 4 facing 9 o'clock, dance section 1 & 2 and restart facing 6:00

*2nd restart: On wall 10 facing 9 o'clock, dance count 1 to 4 of section 1 and restart the dance.

Email contact address: berthaar@nb.sympatico.ca

Last Update - 6 Feb. 2021