

I'm Just A Man

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Celia Stevens (NZ) - June 2013
音乐: I'm Just a Man - Jason Aldean



Intro 32 Counts, start on vocals

This Dance is done in two directions only:

[1 – 8] CROSS, SIDE, SAILOR, CROSS, ¼, ½ SHUFFLE:

1, 2, 3&4 Step R over, Step L side, Step R behind, Step L side, Step R side
5, 6, 7&8 Step L over, Turn ¼ left R back, Turn ½ left L forward, Step R together, Step L forward [3:00]

[9 – 16] ¾ PIVOT, SIDE SHUFFLE, SAILOR, BEHIND, ¼ FORWARD:

1, 2, 3&4 Step R forward, Turn ¾ left weight L, Step R side, Step L together, Step R side [6:00]
5&6, 7, 8 Step L behind, Step R side, Step L side, Step R behind, Turn ¼ left L forward [3:00]

[17 – 24] FWD TAP & HEEL & CROSS, ROCK, BEHIND-SIDE-CROSS:

1, 2 Step R forward, Tap L toe behind
&3&4 Step L back, Touch R heel forward, Step R together, Step L over
5, 6 Step R side, Recover weight L
7&8 Step R behind, Step L side, Step R over

[25 – 32] SIDE, BEHIND, ¼ FWD, ½ PIVOT, ¼ SIDE, BEHIND, ¼ FWD:

1, 2, 3, 4 Step L side, Step R behind, Turn ¼ left L forward, Step R forward [12:00]
5, 6, 7, 8 Turn ½ left weight L, Turn ¼ left R side, Step L behind, Turn ¼ right R forward [6:00]

[33 – 40] ½ PIVOT, ¼ SIDE, BEHIND, ¼ ROCK, ½ SHUFFLE:

1, 2, 3, 4 Step L forward, Turn ½ right weight R, Turn ¼ right L side, Step R behind [3:00]
5, 6 Turn ¼ left L forward, Recover weight R [12:00]
7&8 Turn ½ left L forward, Step R together, Step L forward [6:00]

[41 – 48] ½ PIVOT, ½ SHUFFLE, ROCK, FWD SHUFFLE:

1, 2 Step R forward, Turn ½ left weight L [12:00]
3&4 Turn ¼ left R side, Turn ¼ left L together, Step R back [6:00]
5, 6 Step L back, Recover weight R
7&8 Step L forward, Step R together, Step L forward [6:00]

[48] REPEAT & ENJOY!

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