

# Swingin

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jo Kinser (UK), John Kinser (UK) & Sobrielo Philip Gene (SG) - July 2013  
音乐: Swingin' - John Anderson & Colt Ford : (iTunes)



Start the dance on the vocals Rap Section (0:20).

## [1-8] Step, Sailor 1/4, Stomp, Swivel Out, Swivel In

1                    Step Rt to Rt  
2&3                Step left back of Rt, Making 1/4 Lt step Rt fwd, Step Lt fwd  
4                    Stomp Rt next to Lt (weight Lt)  
5&6                Twist Rt toe to Rt, Twist Rt heel to Rt, Twist Rt toe to Rt  
7&8                Twist Rt toe in to Lt, Twist Rt heel in to Lt, Twist toe in to Lt. Weight Lt (9.00)

## [9-16] Cross, 1/4, Shuffle 1/2 Turn, Step 1/2 Turn, 1/4 Booty Roll

1,2                Step Rt across Lt, Make 1/4 turn Rt stepping Lt back (12:00)  
3&4                Make 1/4 turn Rt stepping Rt to Rt (3:00), Step Lt next to Rt, Make 1/4 turn Rt stepping Rt fwd (6:00)  
5,6                Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00)  
7&8                Make 1/4 turn Rt stepping Lt to Lt (3:00), Roll hips anti clockwise finishing with weight Lt

\*\*\*RESTART HERE: Wall 5 (3:00) and Wall 8 (3:00)

## [17-24] Kick & Pt x2, Heel & Heel and Step Swivel Swivel

1&2                Kick Rt fwd, Step Rt next to Lt, Point Lt to Lt  
3&4                Kick Lt fwd, Step Lt next to Rt, Point Rt to Rt  
5&6&              Touch Rt heel fwd, Step Rt next to Lt, Touch Lt heel fwd, Step Lt next to Rt  
7&8                Touch Rt toe fwd, Swivel both heels Rt, Swivel back to centre

## [25-32] Shuffle Fwd, Kick Step Out, Hip Roll - Heel x2

1&2                Step Rt fwd, Step Lt beside Rt, Step Rt fwd  
3&4                Kick Lt fwd, Step Lt back to Lt, Step Rt back to Rt  
5&6                Roll hip 2 counts anti clockwise from Lt to Rt, bring Lt heel fwd  
7&8                Step Lt to Lt and roll hip 2 count clockwise from Rt to Lt, bring Rt heel fwd.

HAVE FUN

Choreographers: (07.13).

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