

# No Man's Land

拍数: 32                      墙数: 2                      级数: Intermediate  
编舞者: Ria Vos (NL) - July 2013  
音乐: No Man's Land - Leanne Mitchell



Intro: 8 Counts (± 10 sec)

## Side, Behind, ¼ R, ¼ R, Sailor ¼ R, Full Turn L, Step Back, Coaster Cross

1-2&                      Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)  
3-4&                      ¼ Turn R Step L to L Side, Step R Behind L Turning ¼ Turn R, Step L Next to R (9:00)  
5-6                      Step Fwd on R, Pivot ½ Turn L (weight on L) (3:00)  
&7                      Turn another ½ Turn L Small Step Back on R, Small Step Back on L (9:00)  
8&1                      Step Back on R, Step L Next to R, Step R Fwd and Across L

## Side Rock-Cross, ¼ L, ½ L, Point, ½ R Sweep, Cross, Side, Cross

2&3                      Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)  
4&5                      ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L, Point R to R Side (12:00)  
6-7                      ¼ Turn R Step Fwd on R Sweeping L into another ¼ Turn R, Cross L over R (6:00)  
8&                      Step R to R Side, Cross L Over R

## Basic R, Side, Behind, ¼ L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep

1-2&                      Step R to R Side, Rock Back on L, Recover on R  
3-4&                      Step L to L Side, Step R Behind L, ¼ Turn L Step Fwd on L (3:00)  
5-6&                      Step R to R Side, Step L Behind R, Step R to R Side  
7&                      Cross Rock L Over R, Recover on R  
8&1                      Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

## Rock Back, Step Pivot ¾ Turn L, Side, Touch, Back, Kick, Ball, Cross

2-3                      Rock Back, Recover on L  
4&                      Step Fwd on R, Pivot ¾ Turn L (6:00)  
\*\*\*Restart and Tag Point  
5-6                      Step R to R Side, Turn Body L Point L to L Diagonal  
7                      (Straighten Body) Step L Back to L Side  
&8&                      Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

Restart: On 1st Wall after count 28 (6:00)

Tag & Restart: On Wall 6 after count 28 add:

1-2                      Step and Sway R, Sway L

Restart dance from count 1 (12:00)