

Bai Lu Si

拍数: 40 墙数: 1
编舞者: Sally Hung (TW) - July 2013
音乐: Bai Lu Si by Huang Pin Yuan

级数: Phrased Beginner



Sequence of dance: Tag 1, Tag 2/S1-S4, Tag 2(1-4)/S1-S5, Tag 2/S1-S4, Tag 2(1-2)/S1-S5, Tag 2(1-4, 1-6)/S1-S4, S1-S5, S4-S5, S1(1-6)-S3
Start to dance after 16 counts

Tag 1

1,2,3&4 Step R to R side, step L beside R, shuffle fwd on RLR
5,6,7&8 Step L to L side, step R beside L, shuffle back on LRL
9,10,11,12 Walk to R side R,L,R, point L to L side
13,14,15,16 Walk to L side, L,R,L, point R to R side

Tag 2

1,2,3,4 Point R fwd, step R back, point L fwd, step L back
5,6 Sway from R to L (weight on L)

S1. STEP, DRAG, STEP, DRAG, WALK BACK

1,2,3,4 Step R diagonal R fwd, drag L behind R, step R diagonal R fwd, drag L behind R
5,6,7,8 Walk back on L,R,L,R (weight on R)

S2. STEP, DRAG, STEP, DRAG, WALK BACK

1,2,3,4 Step L diagonal L fwd, drag R behind L, step L diagonal L fwd, drag R behind L
5,6,7,8 Walk back on R,L,R,L (weight on L)

S3. SIDE, TOGETHER, FWD SHUFFLE, SIDE TOGETHER, TRIPLE STEP

1,2,3&4 Step R to R side, step L beside R, shuffle fwd on RLR
5,6,7&8 Step L to L side, step R beside L, triple step on LRL

S4. 1/4 TURN R, TRIPLE STEP, 1/2 TURN L, TRIPLE STEP, 1/2 TURN R, TRIPLE STEP, 1/2 TURN L, TRIPLE STEP

1&2,3&4 1 /4 turn R triple step on RLR, 1/2 turn L triple step on LRL
5&6,7&8 1 /2 turn R triple step on RLR, 1/2 turn L triple step on LRL

S5. SWAY, SWAY, 1/2 TURN R, SIDE, r SWAY, SWAY, 1/2 TURN R, SIDE

1,2,3,4 Sway from R to L, 1/2 turn R stepping R in place ,step L to side
5,6,7,8 Sway from R to L, 1/2 ,turn R stepping R in place, step L to side

Enjoy the song and dance

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