

Ooh La La

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - June 2013
音乐: Ooh La La - Emilia Mitiku : (CD: I Belong to You)



(16 count intro - start on word "NO one ever saw this coming "...)

Section 1: Step, Pivot 1/2, Shuffle 1/2, Back Rock, 1/4 Turn Chasse

- 1 – 2 Step left forward. Pivot 1/2 turn right. (6:00)
- 3 & 4 Shuffle step 1/2 turn right, stepping - left, right, left (travelling backwards). (12:00)
- 5 – 6 Rock right back. Recover onto left.
- 7 & 8 Turn 1/4 left stepping right to side. Close left beside right. Step right to side. (9:00)

Restart Wall 4: Start the dance again (facing 12:00).

Tag/Restart Wall 8: Dance the Tag then start the dance again.

Section 2: Back Rock, Hinge 1/2 Turn, Cross Shuffle, Side Rock

- 1 – 2 Rock left back. Recover onto right.
- 3 – 4 Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. (3:00)
- 5 & 6 Cross left over right. Step right to right side. Cross left over right.
- 7 – 8 Rock right to right side. Recover onto left.

Section 3: Back, Kick, Back, Kick Ball Step, Step, Forward Rock

- 1 – 3 Step right back. Kick left low kick to left diagonal. Step left back.
- 4 & 5 Kick right forward. Step right beside left. Step left forward.
- 6 Step right forward.
- 7 – 8 Rock left forward. Recover onto right. (3:00)

Section 4: Shuffle 1/2 Turn, Point, Hold, Toe Switches, Flick

- 1 & 2 Shuffle step 1/2 turn left, stepping - left, right, left (travelling forward). (9:00)
- 3 – 4 Point right toe to right side. Hold.
- & 5 Step right beside left. Touch left toe to left side.
- & 6 Step left beside right. Touch right toe to right side.
- & 7 – 8 Step right beside left. Touch left toe to left side. Flick left heel back.

Restart / Tag: There is one Restart during Wall 4, one Tag followed by Restart in Wall 8

Tag: Wall 8: After Section 1 (Music slows down), add Slow Sway x 4, Hold

- 1 – 8 Sway to the left over 4 slow counts. Sway to the right over 4 slow counts.
- 9 – 17 Sway to the left over 4 slow counts. Sway to the right over 4 slow counts. Hold.

Then Restart the dance on word "Ooh La La".

Ending Last Wall commences at 6:00: dance to counts 4 & of Section 3, then:-

Turn 1/4 right stepping left to left side to face front.