

Things

拍数: 32 墙数: 4 级数: High Beginner - Quickstep
编舞者: Beate Keller (DE) - July 2013
音乐: Things by Nancy Sinatra & Dean Martin



Start: 16 counts intro

Sequence: 32-32-24-(8)-32-32-32-24-(8)-32-32-32-24-(8)-32-32-32

Alternative music: Things by Robbie Williams

(1-8) STEP SIDE R (SLOW), CROSS ROCK BEHIND-RECOVER (QUICK-QUICK), ¼ TURN R STEP BACK (SLOW), ¼ TURN R STEP SIDE R (SLOW)

- 1 - 2 RF step side right – hold (slow)
- 3 - 4 LF cross rock behind RF – RF recover (quick-quick)
- 5 - 6 LF ¼ turn right and step back (3:00) – hold (slow)
- 7 - 8 RF ¼ turn right and step side right (6:00) - hold (slow)

(9-16) CROSS ROCK-RECOVER (QUICK-QUICK), ¼ TURN L STEP FWD (SLOW), ¼ TURN L STEP SIDE R (SLOW), ¼ TURN L STEP BACK-STEP BESIDE (QUICK-QUICK)

- 1 - 2 LF cross rock over RF – RF recover (quick-quick)
- 3 - 4 LF ¼ turn left and step fwd (3:00) - hold (slow)
- 5 - 6 RF ¼ turn left and step side right (12:00) - hold (slow)
- 7 - 8 LF ¼ turn left and step back (9:00) – RF step next to LF (quick-quick)

(17-24) WALK FWD (SLOW), WALK FWD (SLOW), ¼ TURN R STEP SIDE L-STEP BESIDE (QUICK-QUICK), CROSS (SLOW)

- 1 - 2 LF walk fwd – hold (slow)
- 3 - 4 RF walk fwd – hold (slow)
- 5 - 6 LF ¼ right and step side left (12:00) – RF step next to LF (quick-quick)
- 7 - 8 LF cross in front over RF - hold (slow)

(25-32) ¼ TURN L STEP BACK (SLOW), WEAVE TO L WITH TOUCH (QUICK-QUICK-QUICK-QUICK-QUICK-QUICK),

- 1 - 2 RF ¼ turn left and step back (9:00) – hold (slow)
- 3 - 4 LF step back – RF cross over LF (quick-quick)
- 5 - 6 LF step side left – RF cross behind LF (quick-quick)
- 7 - 8 LF step side left – RF touch next to LF (quick-quick) (9:00)

Bridges: after count 24, on wall 3 (6:00), wall 7 (9:00), wall 11 (12:00)

(1-8). BIG STEP SIDE R - DRAG (Q-Q-Q-Q), STEP BACK, HEEL TOUCH FWD, STEP BESIDE, TOE TOUCH BEHIND (Q-Q-Q-Q)

- 1 - 2 - 3 - 4 RF big step side right(1) – drag LF to RF(2) (3) – LF together(4) (quick-quick-quick-quick)
- 5 - 6 - 7 - 8 RF step back(5) LF heel touch fwd(6)-LF step beside(7)-RF toe touch behind LF(8) (quick-quick-quick-quick)

Start again

Please do not modify this step sheet in any way without the permission of the choreographer.

Contact: beate.keller1@gmx.de