

Mueve El Cuerpo

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Anthony Kusanagi (INA) - June 2013
音乐: Mueve el Cuerpo - Rodolfo Guerra y su Sincopa Latina : (Album: Latin Mega Hits)



Start after 64 counts intro

I. WALK, FWD LOCKSTEP, MODIFIED ROCKING CHAIR, ¼ TURN LEFT

1 – 2 Step R forward, step L forward
3 & 4 Step R forward, cross L behind R, step R forward
5&6& Step L forward, step R in place, step L backward, step R in place
7 & 8 Step L forward, step R in place, turn ¼ left step L to left side (09.00)

***Styling 5 – 8: using sweep when left foot moving forward and backward**

II. TIME STEPS

1 & 2 Step R next to L, step L in place, step R to right side
3 & 4 Step L next to R, step R in place, step L to left side
5 & 6 Step R next L, step L in place, turn ¼ left step R to right side (06.00)
7 & 8 Step L next to R, step R in place, step L to left side

****Restart here on walls: 2, 5, and 8 .. then start the dance from the beginning.**

III. ROCK, RECOVER, (2X) ¼ PADDLE TURN LEFT, ROCK, RECOVER

1 – 2 Step/rock R to right side, recover on L
3 – 4 Step R forward, turn ¼ left on L (03.00)
5 – 6 Step R forward, turn ¼ left on L (12.00)
7 – 8 Step/rock R to right side, recover on L

IV. VINE, ¼ TURN RIGHT CROSS, ROCK, RECOVER, FULL TURN LEFT

1 & 2 Cross R behind L, step L to left side, cross R over L
3 – 4 Turn ¼ right sweeping L from back to front, cross L over R (03.00)
5 – 6 Step/rock R to right side, recover on L
7 – 8 Turn ½ left step back on R, turn ½ left step L forward (03.00)

REPEAT

RESTARTS:-

There are 3 Restarts on walls 2, 5, and 8 after 16 counts respectively, then Start the next wall from the beginning.

ENDING:

The dance will end on wall 16 facing 06:00. For nice ending, please do the following steps:

I. WALK, FWD LOCKSTEP, MODIFIED ROCKING CHAIR, 1/2 TURN LEFT

1 – 2 Step R forward, step L forward (06.00)
3 & 4 Step R forward, cross L behind R, step R forward
5&6& Step L forward, step R in place, step L backward, step R in place
7 & 8 Step L forward, step R in place, turn ½ left step L to left side (12.00)

***Styling 5 – 8: using sweep when left foot moving forward and backward**

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