

Muevo La colita

拍数: 96 墙数: 0 级数: Phrased Beginner Contra
编舞者: Vera Kuiper (NL) - July 2013
音乐: Muevo la colita by Balli di gruppo



Start on Vocal.

Info: Sequence of dance :A-B _A_B – A-_B A_B A-B 32 A B 32

INTRO: After 32 counts

R hand in front of you for 4 counts

L hand in front of you for 4 counts

R hand on left hip for 4 counts

L hand on right hip for 4 counts

A - 32 counts

A1: Jazz box ¼ turn left, Jazz box ¼ turn left

- 1 RF cross over LF
- 2 LF ¼ turn left step backwards
- 3 RF step to the side
- 4 LF step forward
- 5 RF cross over LF
- 6 LF ¼ turn left step backwards
- 7 RF step to the side
- 8 LF step forward

A2: Jazz box ¼ turn left, Jazz box ¼ turn left

- 1 RF cross over LF
- 2 LF ¼ turn left step backwards
- 3 RF step to the side
- 4 LF step forward
- 5 RF cross over LF
- 6 LF ¼ turn left step backwards
- 7 RF step to the side
- 8 LF step forward

[A3 + A4] Repeat (A1 + A2) counts 1/ 16

B - 64 counts

B1: Rocking chair, Rocking chair, (arms up and down)

- 1 RF rock forward (Hands in front of you)
- 2 Recover on LF (Hands down)
- 3 RF rock backwards (Hands in front of you)
- 4 Recover on LF (Hands down)
- 5 RF rock forward (Hands in front of you)
- 6 Recover on LF (Hands down)
- 7 RF rock backwards (Hands in front of you)
- 8 Recover on LF (Hands down)

B2: Walk in 8 counts on the left side from your partner ½ turn right change places (wave during walks)

- 1 Walk RF (weave hands to the right)
- 2 Walk LF (Weave left)
- 3 Walk RF (weave right)

- 4 Walk LF (weave left)
- 5 Walk RF (weave right)
- 6 Walk LF (weave left)
- 7 Walk RF (weave right)
- 8 Walk LF (weave left)

[B3 + B4] Repeat count 1/16

B5: Side, Step, Side, Touch (Shimmy)

- 1 RF step to the side (shimmy)
- 2 Shimmy
- 3 Shimmy
- 4 LF step next to RF
- 5 RF step to the side (shimmy)
- 6 Shimmy
- 7 Shimmy
- 8 LF Touch next to RF (shimmy)

B6: Side, Step, Side, Touch (Shimmy)

- 1 LF step to the side (shimmy)
- 2 Shimmy
- 3 Shimmy
- 4 RF step next to LF
- 5 LF step to the side
- 6 Shimmy
- 7 Shimmy
- 8 RF touch next to LF (Shimmy)

B7: Rock step, Back rock $\frac{1}{4}$ turn right Rock step, $\frac{1}{4}$ turn right.

- 1 RF rock forward
- 2 Recover on LF
- 3 RF $\frac{1}{4}$ turn right step backwards
- 4 Recover on LF
- 5 RF rock forward
- 6 Recover on LF
- 7 RF $\frac{1}{4}$ turn right step backwards
- 8 Recover on LF

B8: Repeat B7:

Rock step, back rock $\frac{1}{4}$ turn right, Rock step $\frac{1}{4}$ turn right

Start again with A

Have fun
