

Born To Be Blue (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Alan Cole (UK) & Sonia Cole (UK) - July 2013
音乐: Born To Be Blue - The Mavericks : (Album: Lies)



Start dance facing LOD in Indian position (Man Behind Lady arms at shoulder height)
Start dance on 16 counts - Same footwork except where stated

SIDE TOGETHER, 1/4 TURN LEFT, KICK RIGHT FOOT.

1 – 2 Step left to left side, step right next to left.

3 – 4 Step left ¼ turn left, kick right foot forward.

(into right side by side position facing ILOD)

STEP RIGHT BACK, 1/4 TURN LEFT, STEP RIGHT, TOUCH.

5 - 6 Step back on right, Step left ¼ turn left.

(dropping left hands, taking right hands over ladies head)

(into reverse indian, lady behind man, facing RLOD, pick up left hands, hands at hip height)

7 – 8 Step right next to left, touch left next to right.

SIDE TOGETHER, 1/4 TURN LEFT, KICK RIGHT FOOT.

(keeping hands low)

1 – 2 Step left to left side, step right next to left.

3 – 4 Step left ¼ turn left, kick right foot forward.

(into hammerlock position, lady on gent's left both facing OLOD)

STEP RIGHT BACK, 1/4 TURN LEFT, STEP RIGHT, TOUCH.

5 – 6 Step back on right, Step left ¼ turn left

(drop right hands, raise left hands over ladies head into indian position facing LOD, arms at shoulder height)

7 – 8 Step right next to left, touch left next to right.

GENT WALK 3 X, BRUSH, LADY ROLL FULL TURN LEFT, BRUSH.

(lower left arms and take right arms over ladies head into crossed hands position, right hands on top, hands at waist height)

17 – 20 GENT :- Walk forward, left, right, left, brush right.

17 – 20 LADY :- Lady roll full turn left to gents left hand side on left, right, left, brush right

BOTH LEFT DIAGONAL ROCK X 3, BRUSH.

21 – 24 On the spot left diagonal cross rock right over left, recover on left, rock right over left, brush left.

BOTH RIGHT DIAGONAL ROCK X3, BRUSH.

25 – 28 On the spot right diagonal cross rock left over right, recover on right, rock left over right, brush right.

GENT WALK X 3, TOUCH. LADY FULL TURN RIGHT, TOUCH.

(keep hold of both arms)

29 – 32 GENT :- Walk forward right, left, right, touch left

29 – 32 LADY :- Take both arms over ladies head as she turns a full turn right on right, left, right, touch left

(ending back in Indian position man behind lady arms at shoulder height)

BOTH WALK X 3 , TOUCH

32 – 36 Walk forward on left, right, left, touch right

GENT STEP X 3, TOUCH. LADY 1/2 TURN RIGHT, TOUCH.

37 – 40 GENT :- Step right, left, right, touch left

37 – 40 LADY :- On the spot turn ½ turn right on right, left, right, touch left

(raising both hands whilst turning and changing hands into double hand hold end facing each other)

GENT STEP X3, TOUCH. LADY 1/2 TURN LEFT (into R/H side wrap) TOUCH.

41 – 44 GENT :- On the spot step left, right, left, touch right.

(taking gents left hand over ladies head)

41 – 44 LADY :- Turn ½ turn left on left, right, left, touch right.

(to end on gent's right hand side in wrap position)

GENT STEP X 3, TOUCH. LADY 1/2 TURN RIGHT (out of wrap), TOUCH.

45 – 48 GENT :- On the spot step right, left, right, touch left.

45 – 48 LADY :- On the spot turn ½ turn right on right, left, right, touch left.

(taking left hand over ladies head into right shoulder to right shoulder, double hand hold, arms spread)

PINWHEEL 1/2 TURN RIGHT, TOUCH.

49 – 52 Rotate ½ turn clockwise stepping left, right, left, touch right

GENT 1/2 TURN RIGHT, TOUCH. LADY SIDE, CROSS, SIDE, TOUCH.

(keeping gents right hand low and taking gents left hand over ladies head, back in to R/H side wrap)

53 – 56 GENT :- Walk ½ turn clockwise round back of Lady to Ladies left side on right, left, right, touch left

53 – 56 LADY :- Walk diagonally across front of Gent stepping side, cross, side on a right, left, right, touch left.

BOTH WALK X 3, TOUCH.

57 – 60 Walk forward on left, right, left, touch right

GENT WALK X 3, TOUCH. LADY FULL TURN RIGHT TOUCH

(raising both arms up, then changing hands into left to left & right to right, back into indian position)

61 – 64 GENT :- Taking small steps walk forward on right, left, right, touch left.

61 – 64 LADY :- Turn full turn right stepping on right, left, right, touch left. Ending in front of man.

BEGIN AGAIN

Contact: alan.sonia@btinternet.com
