

Blurred Lines

拍数: 64 墙数: 2 级数: Improver
编舞者: Brandon Zahorsky (USA) - April 2013
音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke : (iTunes)



NO TAGS NO RESTARTS!

[1-8] HIP SWAYS, 1/4 SAILOR STEP, BRUSH HOOK 1/4 STEP

1,2 Sway hips to R, Sway Hips to L
3,4 Sway hips to R, Sway hips to L
5&6 Step R behind L, Step L to side, turn 1/4 R stepping forward on R (3:00)
7&8 Brush L forward, Hook L knee as your making a 1/4 to your R, step down on L (6:00)

[9-16] BEHIND SIDE CROSS, WALK 1/2 TURN

1,2& Step down on R, step L behind R, Step R to side
3,4 Step L over R, Step R forward
5-8 Walk around a 1/2 turn over your L shoulder, L,R,L,R (12:00)

[17-24] HIP SWAYS, BEHIND AND CROSS, ROCK AND CROSS

1,2 Sway hips to L, Sway hips to R
3,4 sway hips to L, Sway hips to R
5&6 Step L behind R, Step R to side, Cross L over R
7&8 Rock R to side, recover L, Cross R over L

[25-32] 1/4 WALK, CHASE 1/2 TURN, FULL TURN

1,2 Step 1/4 L on L, Step R forward (9:00)
3,4 Step L forward, Step R forward
5&6 Step forward on L, Pivot 1/2 turn over R shoulder with weight on R, Step forward on L(3:00)
7,8 Step 1/2 turn over your L shoulder stepping back on R, Step 1/2 turn over your L shoulder forward on L

[33-40] HIP SWAYS, BEHIND AND CROSS, ROCK RECOVER

1,2 Sway hips R, Sway hips L
3,4 Sway hips R, Sway hips L
5&6 Step R behind L, Step L to side, Cross R over L
7,8 Rock L to side, Recover R

[41-48] 1/2 TURN SAILOR STEP, SHUFFLE FORWARD, SHUFFLE FORWARD, STEP, STEP

1&2 Sweep L behind R while making a 1/2 turn over L shoulder, Step R to side, Step L forward(3:00)
3&4 Shuffle diagonal forward R, L, R (while doing this you can roll your arms for styling)
5&6 Shuffle diagonal forward L, R, L (While doing this you can roll your arms for styling)
7,8 Step side R, Step side L (weight should be on L)

[49-56] HIP SWAYS, BEHIND AND CROSS, SHUFFLE SIDE

1,2 Sway hips R, Sway hips L
3,4 Sway hips R, Sway hips L
5&6 Step R behind L, Step L to side, Cross R over L
7&8 Shuffle side Left, L, R, L

[57-64] 1/4 SIDE SHUFFLE, 1/4 SIDE SHUFFLE, 1/4 SIDE WEAVE

1&2 Step a 1/4 turn over your R shoulder stepping down on R, Step L next to R, Step R to side(12:00)

3&4 Step a 1/4 turn over your R shoulder stepping down on L, Step R next to L, Step L to side(3:00)
5,6 Step a 1/4 turn over your R shoulder stepping down on R, Cross L over R(6:00)
7,8 Step R to side, Step L behind R

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