

# Eight Second Ride

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Intermediate - 2S  
编舞者: Barry Amato (USA) & Dari Anne Amato (USA) - November 2009  
音乐: Eight Second Ride - Jake Owen : (CD: Startin' With Me)



Intro: 32 counts

## STEP, ¼-HITCH, COASTER STEP, STEP, ¼ TURN, CROSS, STEP SIDE, ½ TURN, CROSS

- 1-2            Step to the R on the R, turn ¼ L as you hitch L leg up  
3&4            L coaster step  
5&6            Step R forward, turn ¼ L and with L taking weight, cross R over  
7&8            Step L side, pivoting on ball of L, open ½ turn and step down on R, cross the L over the R

## TOE, HEEL, CROSS, SLIDE, STOMP-UP 2X, ¼ TURN, ½ TURN, STEP BACK 2X, ¼ TURN

- 1&2            Touch the R toe in, touch the R heel out, cross the R over L  
3&4            Slide to the L, keeping weight on L, do 2 stomp-ups with the R graduating in toward the L  
5-6            Turn ¼ turn to the R, stepping on the R; pivoting on the R continue to turn ½ R with L taking weight after turn  
7&8            Walk R back-L, open a turn ¼ R and step out on the R (weight ends up on both feet)

## HIP BUMP L 2X, HIP BUMP R, HIP BUMP L/HITCH, SHUFFLE FORWARD, CHASSE TURN

- 1-2            Hip L to L 2x  
3-4            Hip R to R, bump L hip to L and hitch R to L knee  
5&6            Locking chassé forward R-L-R  
7&8            Step L forward, ½ turn pivot to the R with R taking weight, step L forward

## HEEL, STEP, STEP TOGETHER, HEEL, STEP, STEP TOGETHER, MODIFIED JAZZ BOX WITH HIP PUSH

- 1&2            Touch the R heel forward, step down on the R, step L up to meet R  
3&4            Repeat 1&2  
5-8            Cross R over, step L back, step R side as you push R hip to R side, step to the L on L as you push L hip to L side

**ENDING:** You will dance the pattern seven times through. When you start the 7th wall [12], you omit the last 16 counts. The music slows down and you follow the lyrics as you do the following:-

Sway L - on the word "hold"

Sway R - on the word "wilder"

Sway L - on the word "eight"

Hip circle around to the L - on the word "ride"

Then start pattern again after the downbeat of the drums.

Dance first 16 counts of dance and then turn to the R stepping R-L and slide to R on R for the ending

Contact: Submitted By - Lisa McCammon - pal\_mcc@yahoo.com