

La Mer (aka Beyond The Sea)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2
编舞者: Don Pascual (FR) - April 2013
音乐: La mer - Charles Trenet

级数: High Beginner



Alt.: Beyond the sea (Robbie Williams). Start on vocals

Start on vocals

Sect 1: Step L to the L, R beside L, step L fwd, touch R beside L, step R to the R, sway, sway, pull R beside L

- 1-2 Step L to the L, R beside L
- 3-4 Step L fwd, touch R beside L
- 5-6 Step R to the R, sway to the R
- 7-8 Sway to the L, pull R beside L (keeping weight on L)

Sect 2: Step R to the R, L beside R, R back step, touch L beside R, step L to the L, sway, sway, pull L beside R

- 1-2 Step R to the R, L beside R
- 3-4 R back step, touch L beside R
- 5-6 Step L to the L, sway to the L
- 7-8 Sway to the R, pull L beside R (keeping weight on R)

Sect 3: Step L to the L, pull R beside L, step R to the R, pull L beside R

- 1 Step L to the L,
- 2-4 Pull R toe beside L (keeping weight on L)
- 5 Step R to the R
- 6-8 Pull L toe beside R (keeping weight on R)

Sect 4: L grapevine, cross R over L, L modified rock step with snap, L sweep

- 1-4 Step L to the L, cross R behind L, step L to the L, cross R over L
- 5-6 L Rock forward (L diagonal), snap (arms up)
- 7-8 Recover onto R, L back sweep

Sect 5: Behind, side, cross, Step R to the R, L modified cross rock step with snap, L sweep

- 1-4 Cross L behind R, step R to the R, cross L over R, step R to the R
- 5-6 L cross Rock forward (R diagonal), snap (arms up)
- 7-8 Recover onto R, L back sweep

Sect 6: Cross L behind R, point R to the R with snap, step R forward, point L to the L with snap, step L fwd, hold + snap, ½ T to the R, hold + snap

- 1-2 Cross L behind R, point R to the R with R snap
- 3-4 Step R forward, point L to the L with L snap
- 5-6 Step L forward, hold + snap
- 7-8 ½ T to the R, hold + snap

Have fun with this dance!!

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