

Please Wake Me Up

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Intermediate - waltz tempo
编舞者: Peter Davenport (ES) - July 2013
音乐: Come Wake Me Up - Rascal Flatts : (Album: Changed)



48 Count intro, Start just before he sings 'I can usually drink you right off my mind'
Approx 9 seconds, Track length 4.23

Cross Point, ¼ Cross Twinkle R

1,2,3 Cross L over R, Point R to R side, Hold 12
4,5,6 R ¼ basic twinkle 3

Cross Point, ¼ Cross Twinkle R

1,2,3 Cross L over R, Point R to R side, Hold 3
4,5,6 R ¼ basic twinkle 6

Weave R, Drag L To R

1,2,3 Cross L over R, Step R to R side, Cross L behind R 6
4,5,6 Take long step to R, Drag L to R over 2 counts 6

R2/W5

¼ ½ ¼ L, Drag R, Dragging L To R

1,2,3 Full turn L, ¼ ½ ¼ 6
4,5,6 Take long step to R, Drag L to R over 2 counts 6

R1/W2

Basic Waltz Turn 3/8 L, Basic Back,

1,2,3 Basic forward, L,R,L 1
4,5,6 Basic back, R,L,R 1

Basic Waltz Turn ¼ L, Basic Back

1,2,3 Basic forward, L,R,L 11
4,5,6 Basic back, R,L,R 11

Walk L Drag, Walk R Drag

1,2,3 Step forward L, Drag R toe across floor over 2 counts (Square up to 9) 9
4,5,6 Step forward R, Drag L toe across floor over 2 counts 9

Rock Replace Step Back, ¼ Side Close Side

1,2,3 Rock forward on L, Recover on R, Step back on L 9
4,5,6 ¼ R step R to R side, Close L to R, Step R to R side 12

Cross Rock & Side, Cross Rock & Side

1,2,3 Rock L over R, Recover on R, Step L to L 12
4,5,6 Rock R over L, recover on L, Step R to R 12

Over Side Behind, Rock & Cross

1,2,3 Cross L over R, Step R to R side, Cross L behind R 12
4,5,6 Rock R to R side, Recover on L, Cross R over L 12

Rock Back Replace Step, Side Close Side ¼ L

1,2,3 Rock back on L, Recover on R, Step L forward 12

R3/W7

4,5,6 ¼ L step R to R side, Close L to R, Step R to R 9

Twinkle Back L, Twinkle Back R

1,2,3 Twinkle back L,R,L 9
4,5,6 Twinkle back R,L,R 9

Sailor ¼ L, Rock & Side

1,2,3 Sailor ¼ L 6
4,5,6 Cross rock R over L, Recover on L, Step R to R side 6

Rock ¼ L, Step ¾ Step L

1,2,3 Cross rock L over R, Recover on R, ¼ L step on L 3
4,5,6 Step forward on R, ¾ L, Step R to R side 6

Rock Back Side, Rock Back Side

1,2,3 Cross rock L behind R, Recover on R, Step L to L side (travel back) 6
4,5,6 Cross rock R behind L, Recover on L, Step R to R side (travel back) 6

Drag Back L Hold, Drag Back R Hold

1,2,3 Step back on L Hold 2 counts (start to drag R to L) 6
4,5,6 Step back on R Hold 2 counts (start to drag L to R) 6

Restart Wall 2 12 o'clock

Dance up to and including counts 4,5,6 on section 4

Restart Wall 5 6 o'clock

Dance up to and including counts 4,5,6 on section 3

Restart Wall 7 12 o'clock

Dance up to and including counts 1,2 on section 11, hitch L knee as count 3 then step down on L for count 1 to restart the dance

There ya go, 'good luck'

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