

Let The Snowbird Fly

COPPERKNOB
STEPSHETS

拍数: 36
编舞者: Beate Keller (DE) - June 2013
音乐: Snowbird - Anne Murray

级数: High Beginner - Quickstep



Start: 36 Counts intro -on the vocals

(1-8) WALK FWD (SLOW), STEP SIDE L (QUICK)-STEP BESIDE (QUICK), STEP SIDE L (SLOW), WALK BACK (SLOW)

1 - 2 RF walk fwd - hold (slow)
3 - 4 LF step side left - RF step beside LF (quick-quick)
5 - 6 LF step side left - hold (slow)
7 - 8 RF walk back - hold (slow)

(9-16) STEP BACK (QUICK)-STEP TOGETHER (QUICK), ROCK STEP FWD (SLOW), RECOVER (SLOW), ¼ TURN L STEP SIDE L (QUICK)-STEP BESIDE (QUICK)

1 - 2 LF step back - RF step together (weight on RF) (quick-quick)
3 - 4 LF rock step fwd - hold (slow)
5 - 6 RF recover - hold (slow)
7 - 8 LF ¼ turn left and step side left - RF step beside LF (quick-quick) 9:00

(17-24) STEP FWD (SLOW), ¼ TURN L STEP BACK (SLOW), ¼ TURN L STEP SIDE L (QUICK)-STEP BESIDE (QUICK), WALK FWD (SLOW)

1 - 2 LF step fwd - hold (slow)
3 - 4 RF ¼ turn left and step back - hold (slow) 6:00
5 - 6 LF ¼ turn left and step side left - RF step beside LF (quick-quick) 3:00
7 - 8 LF walk fwd - hold (slow)

(25-32) WALK FWD (SLOW), ¼ TURN R STEP SIDE L (QUICK)-STEP BESIDE (QUICK), ¼ TURN R STEP BACK (SLOW), STEP SIDE R (SLOW)

1 - 2 RF walk fwd - hold (slow)
3 - 4 LF ¼ turn right and step side left – RF step beside LF (quick-quick)
5 - 6 LF ¼ turn right and step back - hold (slow) 9:00
7 - 8 RF step side right - hold (slow)

(32-36) DRAG TO R (SLOW) (SLOW)

1 - 2 LF drag to RF (slow)
3 - 4 LF drag to RF (slow) (weight at end on LF)

Option for styling (step 32-36): lean to the left

Start again

Option for ending: ...let the snowbird fly...

(21 - 24) STEP SIDE L-STEP BESIDE (QUICK-QUICK), ¼ TURN L STEP FWD (SLOW)

5 - 6 LF step side left - RF step beside LF (quick-quick) (12:00)
7 - 8 LF ¼ turn left and step fwd – hold (slow)

(25-32) ½ TURN L STEP BACK (SLOW), ¼ TURN L STEP SIDE L-STEP BESIDE (QUICK-QUICK), ¼ TURN L STEP FWD (SLOW), ¾ TURN L STEP BACK (SLOW)

1 - 2 RF ½ turn left and step back – hold (slow)
3 - 4 LF ¼ turn left and step side left – RF step beside LF (quick-quick) (12:00)
5 - 6 LF ¼ turn left and step fwd – hold (slow)
7 - 8 RF ¾ turn left and step back – hold (slow) (12:00)

Please do not modify this step sheet in any way without the permission of the choreographer.

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