

Lies

拍数: 64 墙数: 4 级数: Improver
编舞者: Manu De Meyer (BEL) - June 2013
音乐: Lies - The Mavericks



Section 1: Jazz Box, Cross, side, by, chassée R

1-4 cross RF over LF, put LF back, put RF beside, cross LF over RF
5-6 put RF to R, put LF beside RF
7&8 put RF to R, put LF beside RF, put RF to R

Section 2: Jazz Box, Cross, side, by, chassée L ¼ L

1-4 cross LF over RF, put RF back, put LF beside, cross RF over LF
5-6 put LF to L, put RF beside LF
7&8 put LF to L, put RF beside LF, put LF to L with ¼ turn L (09:00)

Section 3: Rock step, triple step ½ turn R, Rock step, coaster step

1-2 put RF in front, recover on LF
3&4 1/4 turn R put RF to side, put LF beside RF, 1/4 turn R put RF beside (03:00)
5-6 put LF in front, recover on RF
7&8 put LF back, put RF back, put LF in front

Section 4: 2X Toe strut, ½ turn L, Hook, L shuffle fwd

1-4 put R tip to front, put R heel down, put L tip to front, put L heel down
5-6 ½ turn L & put RF back, hook LF over RF (09:00)
7&8 put LF in front, put RF beside LF, put LF in front

Section 5: Step ¼ L, cross, hold, side rock, cross, hold

1-4 put RF in front, 1/4 turn L (weight on LF), cross RF over LF, hold (06:00)
5-8 put LF to side, recover on RF, cross LF over RF, hold

Section 6: Step, ½ turn L, step, clap, step, ½ turn R, step, clap

1-4 put RF in front, ½ turn L, put RF in front, clap your hands (12:00)
5-8 put LF in front, ½ turn R, put LF in front, clap your hands (06:00)

Restart in wall 4

Section 7: walk, walk, kick, brush back, ¼ R side, by, chassée R

1-4 put RF in front, put LF in front, kick RF to front, brush RF back
5-6 ¼ turn R and put RF to side, put LF beside RF (09:00)
7-8 put RF to R, put LF beside RF, put RF to R

Section 8: cross point, ½ turn R, cross shuffle to R, side rock, cross, side

1-2 cross tip LF over RF, ½ turn R (weight on RF) (03:00)
3&4 cross LF over RF, put LF behind RF, cross LF over RF
5-8 put RF to side, recover on LF, cross RF over LF, put LF to L

Ending: dance will end with Section 2 (12:00)

Have fun

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