## So Excited

拍数： 64
堷数： 2
级数：Improver

## 编舞者：Mathias Pflug（DE）－June 2013

音乐：So Excited－Lou Bega ：（amazon．de）

Intro：Start on vocals．
S1－Point，touch，point，kick，behind，side，cross，hold
1－4 Point $r$ to $r$ side，Touch $r$ beside I，Point $r$ to $r$ side，Kick $r$ diagonally forward
5－8 Cross $r$ behind I，Step I to I side，Cross r over I，hold
S2－Point，touch，point，kick，behind side， $1 / 4$ turn $r$ ，hold
1－4 Point I to I side，Touch I beside r，Point I to I side，Kick I diagonally forward
5－8 Cross I behind $r$ ，Step $r$ to $r$ side， $1 / 4$ turn $r$ stepping I forward，hold（3．00）
S3－Slow mambo fwd，back，lock，back，hold
$\begin{array}{ll}\text { 1－4 } & \text { Step } r \text { forward，Recover on I，Step } r \text { beside I，hold } \\ 5-8 & \text { Step I back，Lock } r \text { in front of I，Step I back，hold }\end{array}$
S4－Back rock，recover，stomp beside，hold，touch forward，point，stomp beside，hold
1－4 Step r back，Recover on I，Stomp r beside I，hold
5－8 Touch $r$ toe forward，Point $r$ toe to $r$ side，Stomp $r$ beside I，hold
S5－Side，behind， $1 / 4$ turn $r$ forward，hold，step， $1 / 2$ turn $r$ ，step，hold
1－4 Step $r$ to $r$ side，Cross I behind $r, 1 / 4$ turn $r$ stepping $r$ forward，hold
5－8 Step I forward， $1 / 2$ turn $r$ on both balls，Step I forward，hold（6．00）
（RESTART here during wall 7 ，facing 12 o＇clock！）
S6－Full turn I，step，hold，rock forward，recover，back，together
1－4 Full turn left on two step（ $\mathrm{r}-\mathrm{I}$ ），Step r forward，hold（12．00）
5－8 Step I forward，Recover on r，Step I back，Step r beside I
S7－Heel swivels＋go down／up knees
1－2 Swivel both heels to $r$ side，hold
3－4 Swivel both heels to I side，hold
$5 \quad$ Swviel both heels to r side \＆go a little bit down your knees
$6 \quad$ Swivel both heels to I side \＆go a little more down your knees
$7 \quad$ Swivel both heels to $r$ side \＆go up from knee
8 Swivel both heels back to centre \＆go up in the normal position
S8－Kick， $1 / 8$ turn I r＋｜＋r＋｜
1－2 Kick r forward，1／8 turn I stepping $r$ beside I
3－4 Kick I forward，1／8 turn I stepping I beside $r$
5－8 Repeat 1－4
Repeat \＆Enjoy！：）
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