Sweet Dream Waltz

拍数: 54

级数: Intermediate - Smooth waltz

编舞者: Ivan Mao (USA) - June 2013

音乐: Sweet Dreams - Jewel: (Album: Lullaby)

Dance starts after 36 beats from the beginning of the track (4 min.14 sec. total length)

LUNGE R DIAGONAL. LF SWEEP. BACK TWINKLE.

- Lf cross over Rf and lunge towards 2:00. Hold. Hold. 1.2.3
- 4, 5, 6 Weight back on Rf in place, and Lf sweep from front to back.
- 1, 2, 3 Lf step behind Rf. Rf step in place. Lf step to L.

LUNGE L DIAGONAL. RF SWEEP. BACK TWINKLE, TOUCH.

- 4.5.6 Rf cross over Lf and lunge towards 10:00. Hold. Hold.
- 1, 2, 3 Weight back on Lf in place, and Rf sweep from front to back.
- Rf step behind Lf. Lf step in place. Rf step to R. Lf touch beside Rf. 4, 5, 6&

Restart here during wall 4 facing 6:00

L SIDE CIRCLE OF FIGURE "8"

- 1,2&3 Lf long step L diagonal fwd turning 1/8 L (10:30). Rf short step fwd turning 1/8 L (9:00). Lf short step fwd turning 1/8 L (7:30). Rf short step fwd turning 1/8 L (6:00)
- Lf long step L diagonal fwd turning 1/8 L (4:00). Rf short step fwd turning 1/8 L (2:00). Lf short 4,5&6 step fwd turning 1/4 L (12:00). Rf touch beside Lf.

R SIDE CIRCLE OF FIGURE "8"

- 1,2&3 Rf long step R diagonal fwd turning 1/8 R (1:30). Lf short step fwd turning 1/8 R (3:00). Rf short step fwd turning 1/8 R (4:30). Lf short step fwd turning 1/8 R (6:00)
- 4, 5&6 Rf long step R diagonal fwd turning 1/8 R (8:00). Lf short step fwd turning 1/8 R (10:00). Rf short step fwd turning 1/4 R (12:00). Lf touch by Rf.

TRAVELING FALL AWAY DIAMOND FULL CIRCLE

- 1, 2, 3 Turn 1/8 L and step Lf fwd. Step Rf fwd. Turn 1/4 L and step Lf back.
- 4, 5, 6 Step Rf back. Step Lf to L. Turn 1/4 L and step Rf fwd.
- 1, 2, 3 Step Lf fwd. Step Rf fwd. Turn 1/4 L and step Lf back.
- 4, 5, 6 Step Rf back. Step Lf to L. Turn 1/8 L and step Rf fwd. (12:00)

STEP, KICK, UNWIND 5/8 L TURN WITH SWEEP, STEP BACK AND RF SWEEP, STEP, POINT, HOLD

- 1, 2, 3 Lf step fwd to 1:30. Rf low kick fwd. Hold. (1:30)
- 4, 5, 6 Rf step behind Lf. Unwind L 5/8 turn and sweep Lf from front to back. (6:00)
- Lf step behind Rf in 3rd position. Sweep Rf from front to back. 1.2.3
- 4, 5, 6 Step Rf behind Lf. Point Lf to L. Hold. (6:00)

START OVER

Restart: During wall 4 while facing 6:00, after finished the 1st 18 counts and with Lf touching next to Rf on & count, restart the dance.

Ending: During wall 9, which starts while facing 6:00, after count 3 in section 4 facing 12:00, step Rf fwd and pose.

Contact: mao.ivan@gmail.com



墙数: 2