

A Piece of Paradise!

拍数: 48 墙数: 4 级数: Beginner
编舞者: Sebastiaan Holtland (NL) - June 2013
音乐: Come to Me - Pandera : (iTunes)



16 count intro, start dancing at the "beat" (09 Sec).

Part I: [1-8] Step, ½ R, Back, Back, Touch Fwd, Hold, Syncopated Hip Bumps Back, Step, Step, Lock.

1-2 Step Rt forward, turn ¼ right (6) step Lt back.
&3-4 Step Rt Back, touch Lt slightly forward, Hold (holding weight onto Rt).
&5&6 Bump hips fwd, bump hips back, bump hips fwd, bump hips back.
7&8 Step Lt forward, step Rt forward, lock Lt behind Rt weight onto Rt. (6:00)

Part II: [9-16] Step, Lock, Lock Step Fwd, Fwd Rock, Recover, ¼ L, Side, Together, Side, Together.

1-2 Step Rt forward, lock Lt behind Rt.
3&4 Step Rt forward, lock Lt behind Rt, step Rt forward.
5-6 Rock Lt forward, recover on Rt.
7&8& Turn ¼ left (3) step Lt to the left, step Rt next to left, step Lt to the left, step Rt next to left.

Part III: [17-24] Side Rock, Recover, Sailor Heel, 2x Kick Ball Cross (Left).

1-2 Rock Lt to the left, recover on Rt.
3&4 Step Lt behind Rt, step Rt to the right, touch Lt heel diagonal forward.
5&6 Kick Lt diagonal fwd, step Lt back in place on ball, cross Rt over Lt.
7&8 Kick Lt diagonal fwd, step Lt back in place on ball, cross Rt over Lt. (3:00)

Part IV: [25-32] Side Rock, Recover, Sailor Touch, Side, Together, L Chasse ¼ L.

1-2 Rock Lt to the left, recover on Rt.
3&4 Step Lt behind Rt, step Rt to the right, touch Lt next to Rt.
5-6 Step Lt to the left, step Rt next to Lt.
7&8 Step Lt to the left, step Rt next to Lt, turn ¼ left (12) step Lt forward.

Part V: [33-40] Point Fwd, Back, Point Back, Unwind ½ L, R Jazz Box.

1-2 Point Rt forward, step Rt back.
3-4 Point Lt back, unwind ½ left (6) taking weight onto Lt.
5-6 Cross Rt over Lt, step Lt back.
7-8 Step Rt to the right, step Lt slightly forward.

Part VI: [41-48] ¼ Pivot L, Heel Twist L, & Cross, Hold, Side Jump, Hold.

1-2 Step Rt forward, turn ¼ left (3) taking weight onto Lt.
3-4 Twist both heels to left, twist both heels in place.
&5-6 Step Lt slightly to the left, cross Rt over Lt, Hold.
&7-8 Small jump to left on Lt, touch Rt next to Lt, Hold.

Start again and have fun!

Contact: smoothdancer79@hotmail.com