

My Heart Sings

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Mick Harris (UK) - June 2013
音乐: I Thought I Heard My Heart Sing - George Strait : (Album: Love Is Everything)



Start: 16 counts in (on vocal).

Heel, Hook, Heel, Step Back, Shuffle, Rock, Recover, Turn, Step, Turn

1&2& touch R heel FWD, hook R across L touching toe to floor, touch R heel FWD, step back on R (weight on R foot) lifting L foot slightly.
3&4 shuffle FWD (LRL).
5-6 rock FWD on R, recover on L.
7&8 turn $\frac{1}{4}$ R stepping back on R, step L next to R, step FWD on R turning $\frac{1}{4}$ R.

Heel, Hook, Heel Step Back, Shuffle, Cross Back Side, Step, Side, Behind, Side.

1&2& touch L heel FWD, hook L across R touching toe to floor, touch L heel FWD, step back on L (weight on L foot) lifting R foot slightly.
3&4 shuffle FWD (RLR).
5&6& cross L over R, step back on R turning $\frac{1}{4}$ L, step L to L side, step R next to L (weight on R).
7&8 step L to L side, step R behind L, step L to L side. [3.00]

Shuffle, Step Touch, Back, Kick, Shuffle Back, Shuffle $\frac{1}{2}$ Turn.

1&2 shuffle FWD RLR.
3&4& step FWD on L, touch R toe behind L heel, step back on R, kick L FWD.
5&6 shuffle back LRL.
7&8 shuffle turn $\frac{1}{2}$ R (RLR). 9.00

Step, Pivot $\frac{1}{2}$, Shuffle $\frac{1}{2}$ Turn R (LRL), Shuffle Back, Coaster Step.

1-2 step FWD on L, pivot turn $\frac{1}{2}$ R.
3&4 shuffle turn $\frac{1}{2}$ R (LRL).
5&6 shuffle back RLR.
7&8 step back on L, step R next to L, step FWD on L. [9.00]

Start again.

Contact: mick_harris@btconnect.com