

The One Who Loves You Now

COPPER KNOB
STEPSHEETS

拍数: 44 墙数: 4 级数: Easy Intermediate
编舞者: Karen Kennedy (SCO) & Adrian Helliker (FR) - June 2013
音乐: The One Who Loves You Now - Agnetha Fältskog : (Album: A.)



Intro:- 16 counts – See notes below for restarts and tags.

CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, ¼ CHASSE LEFT

1 -2 Cross rock right over left, recover on left
3&4 Step right to right side, close left beside right, step right to right side
5 -6 Cross left over right, recover on left
7&8 Step left to left side, close right beside left, ¼ left stepping left forward (9.00)

½ PIVOT TURN, ½ TURNING SHUFFLES X 2, ROCK FORWARD, RECOVER

1 -2 Step forward on right, pivot ½ turn left (3.00)
3&4 ½ shuffle turning left – stepping right, left, right (9.00)
5&6 ½ shuffle turning left – stepping left, right, left (3.00)
7 -8 Rock forward on right, recover on left

RIGHT LOCK BACK, ¼ LEFT SAILOR, ½ PIVOT, ¼ PIVOT

1&2 Step right back, lock left in front of right, step right back
3&4 Cross left behind right turning ¼ left, step right to right side, step left to left side (12.00)
5 -6 Step forward on right, pivot ½ left (6.00)
7 -8 Step forward on right, pivot ¼ left (3.00)* Restart here wall 5

CROSS ROCK, RECOVER, ¼ CHASSE RIGHT, ROCK FORWARD, RECOVER, ¾ TURNING SHUFFLE

1 -2 Cross rock right over left, recover on left
3&4 Step right to right side, close left beside right, ¼ turn right stepping forward on right (6.00)
5 -6 Rock forward on left, recover on right
7&8 ¾ shuffle turning left – stepping left, right, left (9.00) * Add tag wall 2 & restart wall 3 & 4

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, ¼ LEFT SAILOR

1 -2 Rock forward on right, recover on left
3&4 Step back on right, step back on left, step right forward
5 -6 Rock forward on left, recover on right
7&8 Cross left behind right turning ¼ left, step right to right side, step left to left side, (6.00)

½ PIVOT TURN, ¼ PIVOT TURN

1 -2 Step forward on right, pivot ½ turn left (12.00)
3 -4 Step forward on right, pivot ¼ turn left (9.00)

START AGAIN

TAG – Wall 2 dance first 32 counts of dance and add the tag and restart dance.

½ PIVOT TURN, ½ PIVOT TURN

1 -2 Step forward on right, pivot ½ turn left
3 -4 Step forward on right, pivot ½ turn left

Wall 1 – 44 counts – main dance,
Wall 2 – 32 counts- add 4 count Tag,
Walls 3 and wall 4 – 32 counts and Restart dance,
Wall 5 – 24 counts and Restart dance,
Wall 6 – 44 counts – main dance,

Wall 7- dance until music fades.
