

Downtown

拍数: 32 墙数: 2 级数: Improver
编舞者: Helen Born (USA) & Nita Lindley (USA) - June 2013
音乐: Downtown - Lady A



ROCK STEPS, COASTER STEPS

1-2 Rock forward on right, recover left
3&4 Right coaster step
5-6 Rock forward on left, recover right
7&8 Left coaster

MAMBO STEPS

1&2 Rock forward on right, recover left, step right next to right
3&4 Rock back on left, recover right, step left next to right
5&6 rock right to right side, recover left, step right next to left
7&8 Rock left to left side, recover right, step left to right

PIVOTS LEFT & RIGHT SIDE TOUCHES

1& Step forward on ball of right foot, twist 1/8 left keeping weight on left
2& Repeat counts 1&
3-4 Step down on right, touch left to right
5& Step forward on ball of left foot, twist 1/8 right keeping weight on right
6& Repeat counts 5&
7-8 Step down on left, touch right next to left

1/2 PIVOT RIGHT, SKATES

1-2 Turn 1/4 right stepping right forward, step left next to right
3-4 Repeat counts 1-2
5-6 Skate right, skate left
7-8 skate right, skate left

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