

Rock Me Mama

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Carl Sullivan (AUS) - June 2013
音乐: Wagon Wheel - Nathan Carter : (Album: Wagon Wheel Or Single - iTunes - 4:12)



- 1-2 Rock-step R to R side. Replace on L
3-4 Step R behind L, Step L to L side
5-6 Rock-step R fwd, Replace on L
7-8 ½ turn R & step R fwd, ¼ turn R & step L beside R [9:00]
- 1-2 Rock-step R back, Replace on L
3&4 Shuffle fwd R-L-R
5-6 Step L fwd to L diagonal, Touch R beside L with clap
7-8 Step R back on same diagonal, Touch L beside R with clap
- 1-2-3 Vine L - Step L to L, Step R behind R, Step L to L
4-5 Bronco twice – Hitch R knee up & across L, Touch R toe to R side
6 Hitch R knee up & across L
7-8-1 Vine R – Step R to R, Step L behind R, Step R to R
- 2-3 Bronco twice – Hitch L knee up & across R, Touch L toe to L side
4 Hitch L knee up & across R
5-8 Step L to L, Touch R toe fwd, side, back [9:00]
- 1-4 Vine R with ¼ turn – Step R to R, Step L behind R, ¼ R & Step R fwd, Step L fwd
5-6 Twist both heels ¼ to L, then ¼ to R [12:00]
7-8 Step L back, Small kick fwd with R
- 1-2 Rock-step R to R, Replace on L
3-4 Step R behind L, Kick L to L diagonal & continue sweeping it around
5-8 Step L behind R, Step R to R side, Cross-step L over R, Step R to R [9:00]
- 1-2 ¼ L & Rock-step L back, Replace on R
3&4 Shuffle fwd L-R-L
5-6 Step R fwd to R diagonal, Touch L beside R with clap
7-8 Step L back on same diagonal, Touch R beside L with clap
- 1-2 Step R slightly back on R back diagonal, Step L back
3-4 Cross-step R over L to face L diagonal slightly, Hitch L knee slightly
5-6 Step L behind R, Step R to R side
7-8 Cross-step L over R, Hold (1-3 is like a scissor traveling back) [9:00]

[64]

3 Restarts:-

After each instrumental (3 & 6) (32 counts) – Restart.

The 3rd one is at the end of wall 8 (half chorus - 32 counts)

Northside Linedancers - www.northsidelinedancers.com - Phone: 9489 2367 Mob: 0424 536 907- E mail: carl@hotkey.net.au

