

More Than Friends

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Daniel Trepát (NL) - March 2013
音乐: More Than Friends (feat. Daddy Yankee) - Inna



Intro: 32 counts from first beat in music (app. 15 sec. into track). Start when she starts singing

[1 – 8] 2x heel grind coaster step

- 1 – 2 R heel forward turning the toes to L (weight on R) (1), Recover on L while turning R toes to R (2) 12:00
- 3&4 Step R back (5), Step L next R (&), Step R forward (4) 12:00
- 5 – 6 L heel forward turning the toes to R (weight on L) (5), Recover on R while turning L toes to L (8) 12:00
- 7&8 Step L back (7), Step R next L (&), Step L forward (8) 12:00

[9 – 16] Jump with flick, ¼ turn R sweep, sailor step, jump with flick, ¼ turn L sweep, ¼ turn L sailor step

- 1 – 2 Jump R forward flicking L behind right leg (1), Recover on L turning ¼ R while sweeping R from front to back (2) 3:00
- 3&4 Cross R behind L (3), Step L slightly to L side (&), Step R slightly forward (4) 3:00
- 5 – 6 Jump L forward flicking R behind left leg (5), Recover on R turning ¼ L while sweeping L from front to back (6) 12:00
- 7&8 ¼ turn L crossing L behind R (7), Step R slightly to R side (&), Step L slightly forward (8) 9:00

[17 – 24] Fwd step, together, shuffle, ¼ turn R, step side, together, shuffle side

- 1 – 2 Step R forward (1), Step L next to R (2) 9:00
- 3&4 Step R forward (3), Step L next to R (&), Step R forward (4) 9:00
- 5 – 6 ¼ turn R stepping L to L side (5), Step R next to L (6) 12:00
- 7&8 Step L to L side (7), Step R next to L (&), Step L to L side (8) 12:00

[25 – 32] Step fwd, ¼ turn L, step fwd, ¼ turn L, step fwd, 1/8 turn L, step, 1/8 turn L (ALL STEPS WITH HIP ACTION, hip will move counter clockwise)

- 1 – 2 Step R forward start pushing hip counter clockwise (1), ¼ turn L finish hip move weight ends on L (2) 9:00
- 3 – 4 Step R forward start pushing hip counter clockwise (3), ¼ turn L finish hip move weight ends on L (4) 6:00
- 5 – 6 Step R forward start pushing hip counter clockwise (5), 1/8 turn L finish hip move weight ends on L (6) 4:30
- 7 – 8 Step R in place start pushing hip counter clockwise (5), 1/8 turn L finish hip move weight ends on L (6) 3:00

Restart - Make sure that you don't turn ¾ turn but only a ½ turn facing the back wall! (in 1st wall only)

[33 – 40] Cross Samba 4x

- 1&2 Cross R over L (1), Step L to L side (&), Recover weight on R (2) 3:00
- 3&4 Cross L over R (3), Step R to R side (&), Recover weight on L (4) 3:00
- 5&6 Cross R over L (5), Step L to L side (&), Recover weight on R (6) 3:00
- 7&8 Cross L over R (7), Step R to R side (&), Recover weight on L (8) 3:00

[41 – 48] Rocking chair, rock & side (2x)

- 1&2& Cross rock R over L (1), Recover on L (&), Rock R to R side (2), Recover on L (&) 3:00
- 3&4 Cross rock R over L (3), Recover on L (&), Step R to R side (4) 3:00
- 5&6& Cross rock L over R (5), Recover on R (&), Rock L to L side (6), Recover on R (&) 3:00
- 7&8 Cross rock L over R (7), Recover on R (&), Step L to L side (8) 3:00

[49 – 56] Step fwd, lock behind, unwind full turn L, jazz box ¼ turn R, cross over

&1 – 4 Step R forward (&), Lock L behind R (1), Full turn L & weight ends on L (2 – 4) 3:00
5 – 8 Cross R over L (5), ¼ turn R stepping L back (6), Step R to R side (7), Cross L over R (8)
6:00

[57 – 64] Big step R, drag, sailor step, side touch, together, side touch, together

1 – 2 Big step R (1), Drag L towards R (2) 6:00
3&4 Cross L behind R (3), Step R slightly to R (&), Step L slightly to L (4) 6:00
5 – 8 Touch R to R side (5), Step R next to L (6) Touch L to L side (7), Step L next to R (8) 6:00

Begin again!

Restart: in the 1st wall after 32 counts -

Tag: After the 6th wall

Lunge R (arm movement), step together (arm movement), touch & together 2x

1 – 2 Lunge R to R side & wave L hand like you are hot (1), Hold & still wave the hand (2) 12:00
3 – 4 Step R next to L keep weight on L & hands around your body like you are cold (3), Hold (4)
12:00
5 – 8 Touch R forward (5), Step R next to L (6), Touch L forward (7), Step L next to R (8) 12:00

Contact: - <http://www.danieltrepat.com/>
