

My Superstar

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Beginner
编舞者: Mayee Lee (MY) - June 2013
音乐: Superstar - Jamelia : (3:35)



Intro: Start after 32 counts or start at 0.18 seconds

Section 1: Walk Forward x3, Touch, Hold x4

1 – 4 Walk Forward R L R(1-3), touch L to L(4)(put R hand behind R ear, raise up L hand to diagonally L)
5 – 8 Hold 4 counts(5-8)(put L hand close to L ear 4 times(5-8)) (12.00)

Section 2: Walk Backward x3, Touch, Hold x4

1 – 4 Walk backward L R L(1-3), touch R to R(4)(put L hand behind L ear, raise up R hand to diagonally R)
5 – 8 Hold 4 counts(5-8)(put R hand close to R ear 4 times(5-8)) (12.00)

Section 3: Vine To R, Vine To L

1 – 4 Step R to R (1), step L behind R(2), step R to R(3), touch L heel to diagonally L(4) (12.00)
5 – 8 Step L to L(1), step R behind L(2), step L to L(3), touch R beside L(4) (12.00)

Section 4: Side, Touch x4

1 – 4 Step R to R(1), touch L beside R(2), step L to L(3), touch R beside L(4)
5 – 8 Repeat counts 1 -4 (Section 4) (12.00)

Section 5: Out, Out, Knee Shake x2, Out, Out, Knee Shake x2

1 2 3&4 Step R out(1), step L out(2), shake R knee to R L R(3&4)
5 6 7&8 Step L out(5), step R out(6), shake L knee to L R L(7&8) (12.00)

Section 6: R Rocking Chair, Step R Forward, Pivot ½ Turn L, Walk Forward R L

1 – 4 Rock R forward(1), recover on L(2), rock R back(3), recover on L(4)
5 – 8 Step R forward(5), pivot ½ turn L step on L(6)(6.00), walk forward R L(7-8) (6.00)

Section 7: Hip Bump To Diagonally R, Hip Bump To Diagonally L, Side, Touch, Side, Hold

1&2 3&4 Step R to diagonally R & hip bump to R L R(1&2), step L to diagonally L & hip bump to L R L(3&4)
5 - 8 Step R to R(5), touch L beside R(6), step L to L(7), hold(8) (6.00)

Section 8: Paddle Full Turn L

1 – 4 Step R forward(1), ¼ turn L recover on L(2)(3.00), step R forward(3), recover on L(4) (12.00)
5 – 8 Step R forward(5), ¼ turn L recover on L(6)((3.00), step R forward(7), ¼ turn L recover on L(8) (6.00)

No Tag No Restart !

Ending : wall 6 (6.00), dance 32 counts, cross R over L, unwind ½ turn L & pose

Contact : mayeeleeyy@gmail.com