

# Ask Yourself

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Intermediate  
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音乐: Ask Yourself - Nabiha



**Intro: 16 counts from 1<sup>st</sup> beat (appr. 10 seconds) - Start with weight on L foot.**

**#1 section: 2 X walk, anchor step, full turn L, back rock**

1-2                      Walk fw. on R, walk fw. on L 12:00  
3&4                      Lock R behind L, rock fw. on L, recover on R 12:00  
5-6                      Make ½ turn L, stepping fw. on L, make ½ turn L, stepping back on R 12:00  
7-8                      Rock back on L, recover on R 12:00

**#2 section: 2 X diagonal syncopated lock steps, step turn, touch, kick out out**

1&2&                      Step L diagonal, lock R behind L, step L diagonal, step R diagonal 1:00  
&3&                      Lock L behind R, step R diagonal 1:00  
4-5-6                      Step fw. on L, make ½ turn R stepping fw. on R, touch L next to R 6:00  
7&8                      Kick L fw. step L to L side, step R to R side 6:00

**#3 section: 2 X cross rock side, coaster back, shuffle Fw.**

1&2                      Cross L over R, recover on R, step L to L side 6:00  
3&4                      Cross R over L, recover on L, step R to R side 6:00  
5&6                      Step back on L, step R next to L, step fw. on L 6:00  
7&8                      Step fw. on R. step L next to R, step fw. on R 6:00

**#4 section: Step ¼ turn cross, scuff rocking chair, behind, side drag together**

1-2-3                      Step fw. on L, make ¼ turn R, stepping R to R side, cross L over R 9:00  
4&5                      Scuff R diagonal, rock fw. on R, recover on L 9:00  
6                          Cross R behind L 9:00  
7-8                      Step L to L side, while dragging R to R side, step R next to L 9:00

**#5 section: 2 X vaudeville, together, step ball step, step turn step**

1&2                      Cross L over R, small step back on R, tap L heel fw. 9:00  
&3&4                      Step L beside R, cross R over L, small step back on L, tap R heel fw. 9:00  
&5&6                      Step R beside L, step fw. on L, step R next to L, step fw. on L 9:00  
7&8                      Step fw. on R, make ½ turn L stepping fw. on L, step fw. on R 3:00

**#6 section: 2 X shuffle Fw. 2 X cross back side, step**

1&2                      Step fw. on L, step R next to L, step fw. on L 3:00  
3&4                      Step fw. on R, step L next to R, step fw. on R 3:00  
5&6                      Cross L over R, step back on R, step L to L side 3:00  
&7&8                      Cross R over L, step back on L, step R to R side, step fw. on L 3:00

**Good Luck & N' joy!**

**Ending: Cross L over R**