

# Lonesome

拍数: 64      墙数: 4      级数: Improver  
编舞者: Debbie Ellis (ES) - June 2013  
音乐: Oh Lonesome Me by Red Strokes



Alt. Music: Oh Lonesome me by Kentucky Headhunters ( album- Pickin' on Nashville)

## Intro - Start on vocals

### Side, Touch, Side, Touch, Side, Close, Side, Touch.

- 1 - 2      Step Right to Right side, touch Left beside Right.
- 3 - 4      Step Left to Left side, touch Right beside Left.
- 5 - 8      Step Right to Right side, close Left beside Right, step Right to Right side, touch Left beside Right.

### Side, Touch, Side, Touch, Side, Close, ¼ Turn, Hold.

- 1 - 2      Step Left to Left side, touch Right beside Left.
- 3 - 4      Step Right to Right side, touch Left beside Right.
- 5 - 8      Step Left to Left side, close Right beside Left, step Left forward making a ¼ turn Left, HOLD.

### Heel, Hook, Heel, Flick, Lock Step Forward, Hold.

- 1 - 2      Touch Right heel forward, hook Right over Left.
- 3 - 4      Touch Right heel forward, flick Right foot back.
- 5 - 8      Step Right forward, lock Left behind Right, step Right forward, HOLD.

### Mambo Forward, Hold, Lock Step Back, Hold.

- 1 - 4      Rock forward on Left, Recover on Right, step Left in place, HOLD.
- 5 - 8      Step Right Back, Lock Left over Right, step Right back, HOLD.\*

### Back Rock ½ Turn, Hold, Coaster Step, Hold.

- 1 - 4      Rock back on Left, Recover on Right, make a ½ turn Right stepping Left back, HOLD.
- 5 - 8      Step back on Right, close Left beside Right, step Right forward, HOLD.

### Out, Hold, Out, Hold, Heel Swivels.

- 1 - 4      Step Left out to Left diagonal, HOLD, step Right out to Right diagonal, HOLD.
- 5 - 8      Swivel both heels in, swivel both toes in, swivel both heels in, HOLD.

### Right Scissor Step, ¼ Turn x2 Cross.

- 1 - 4      Rock Right to Right side, Recover on Left, cross Right over Left, HOLD.
- 5 - 8      Make a ¼ turn Right stepping back on Left, make a ¼ turn Right stepping Right to Right side, cross Left over Right, HOLD.

### Right Scissor Step, Left Scissor Step.

- 1 - 4      Rock Right to Right side, Recover on Left, cross Right over Left, HOLD.
- 5 - 8      Rock Left to Left side, Recover on Right, cross Left over Right, HOLD.

### Tag/Restart\*

During wall 5 change counts 29 – 32 to this:

### Mambo Back ,Touch.

- 1 - 4      Rock back on Right, Recover on Left, Touch Right beside Left, ready to restart dance. ( facing 9:00).

(Free download available at [www.redstrokes.co.uk](http://www.redstrokes.co.uk))

