Just Give Me A Reason

拍数: 32

级数: Intermediate

编舞者: Wendy Loh (MY) - April 2013

音乐: Just Give Me a Reason (feat. Nate Ruess) - P!nk

INTRO : Dance starts after 16 counts Section 1 : Cross Step, Touch, Right Sailor with 1/4 L Turn, Left Sailor with 1/4 L Turn, Walk, Walk Cross LF over RF, Touch RF to side 1.2 3&4. Step RF behind LF, Step LF together, Turn 1/4 L & Step RF to side (9:00) 5&6 Step LF behind RF, Turn 1/4 L & Step RF together, Step LF forward (6:00) 7.8 Step RF forward, Step LF forward Section 2 : Forward Rock, Recover, Touch back, 1/2 R Turn, Touch, Step, Touch, 1/4 R Turn & Forward Shuffle 1,2 Rock RF forward, Recover on LF (6:00) Touch RF behind, Turn 1/2 R weight on RF (12:00) 3.4 Touch LF beside RF, Step LF to side, Touch RF together &5,6 7&8 Turn 1/2 R & Forward Shuffle RF, LF, RF (3:00) Section 3 : Step, Step, Triple Full Turn, Rock Forward, Recover, Rock Side, Recover, Rock Back, Recover, Step Side 1,2 Step LF to side, Step RF to side 3&4 Turn 1/4 L & Step LF forward, Turn 1/2 L & Step RF back, Turn 1/4 L & Step LF to side 5& Rock RF forward, Recover on LF 6& Rock RF to side, Recover on LF 7&8 Rock RF back, Recover on LF, Step RF to side (3:00) Section 4 : Weave to R in Full Circle, Forward Rock, Recover, 1/2 R Turn & Forward Shuffle 1& Turn 1/4 L & Cross LF behind RF, Step RF to side (12:00) 2& Turn 1/4 L & Cross LF over RF, Step RF to side (9:00) 3& Turn 1/4 L & Cross LF behind RF, Step RF to side (6:00) Turn 1/4 L & Step LF forward (3:00) Rock RF forward, Recover on LF 5,6 Turn 1/2 R & Forward Shuffle RF, LF, RF (9:00) 7&8 TAG: After Completing Wall 3 (3:00) **Rocking Chair** 1-4 Rock LF forward, Recover on RF, Rock LF back, Recover on RF **RESTARTS:-**1) At Wall 6 (9:00), dance for 8 counts and restart at 3:00

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2) At Wall 9 (9:00), dance for 8 counts and restart at 3:00

Add RF ball step (&) to transfer weight to RF before Restart on LF

4



墙数:4