

Johnny "Be Good"

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Lynne Martino (USA) & Peter Metelnick (UK) - April 2013
音乐: Johnny B. Goode - Chuck Berry



Start on vocals

[1-8] STEP, HOLD, ROCK, RECOVER, STEP, HOLD, ROCK RECOVER

1-4 Step R to right side(1), Hold(2), rock L behind R(3), recover on R(4)
5-8 Step L to left side(1), Hold(6), rock R behind L(7) recover on L (6)

[9-16] TOUCH, STEP, TOUCH, STEP, KICK, STEP, KICK, STEP

1-4 Touch R toe forward(1), step R back next to L(2), touch L toe forward(3), step L back next to R(4)
5-8 Kick R forward(5), step R back next to L(6), kick L forward(7), step L back next to R(8)

[17-24] VINE ¼ RIGHT W/ A SCUFF, ROCK, RECOVER, STEP, HOLD

1-4 Step R to right side(1), step L behind R(2), making ¼ turn right, step R forward(3), scuff L forward(4)
5-8 Rock L forward(5), recover weight on R(6), step back on L(7), Hold(8)

[25-32] TOE STRUTS

1-4 Moving back touch R toe back(1), bring R heel down(2) Touch L toe back(3), bring L heel down(4)
5-8 Repeats cts. 1-4

[33-40] ROCK, RECOVER, TOUCH, TOUCH, STEP, HOLD, STEP, HOLD

1-4 Rock R back(1), recover weight onto L(2), touch R out to right side(3), touch R next to L(4)
5-6 Step R out to right side(5), Hold(6), step L out to left side(7), Hold(8)

[41-48] KNEE POP, HOLD, KNEE, POP, HOLD, 3 KNEE POPS, HOLD(ELVIS KNEES)

1-4 With weight on L, bring R knee in towards L(1), Hold(2), transferring weight to R, bring L knee in towards R(3), Hold(4)
5-8 Pop knees, R,L,R(5,6,7) hold (8)

Choreographers info: -

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Peter Metelnick - www.thedancefactoryuk.co.uk