

# Slow Boat

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Regina Turnbull (AUS) - August 2009  
音乐: Slow Boat To China - Bette Midler : (Album: Greatest Hits)



**Original Position: Feet Together Weight On The Left Foot.**

**This Dance Is Done In TWO Directions. Introduction : 48 Beats**

## **Vine Right & Touch, Vine Left & Touch**

1, 2                      Vine : Step R To The Side, Step L Behind Right,  
3, 4                      Step R To The Side, Touch L Together,  
5, 6                      Vine : Step L To The Side, Step R Behind Left,  
7, 8                      Step L To The Side, Touch R Together.

## **Forward, Touch, Back, Touch, Back, Touch, Forward, Touch**

1, 2                      Step R Forward At 45° Right, Touch L Together & Clap,  
3, 4                      Step L Back To Centre, Touch R Together & Clap,  
5, 6                      Step R Back At 45° Right, Touch L Together & Clap,  
7, 8                      Step L Forward At Centre, Touch R Together & Clap.##

## **Back, Back, Back, Hitch, Forward, Forward, Forward, Touch**

1, 2                      Step R Back, Step L Back,  
3, 4                      Step R Back, Hitch L,  
5, 6                      Step L Forward, Step R Forward,  
7, 8                      Step L Forward, Touch R Together.

## **Heel, Together, Heel, Together, Heel Split, Heel Split**

1, 2                      Touch R Heel Forward At 45° Right, Step R Together,  
3, 4                      Touch L Heel Forward At 45° Left, Step L Together,  
5, 6                      Split Both Heels Apart, Bring Both Heels Together,  
7, 8                      Split Both Heels Apart, Bring Both Heels Together.

## **Vine Right & Touch, Vine Left ¼ Turn & Touch**

1, 2                      Vine : Step R To The Side, Step L Behind Right,  
3, 4                      Step R To The Side, Touch L Together,  
5, 6                      Vine : Step L To The Side, Step R Behind Left,  
7, 8                      Turn 90° Left Step L Forward, Touch R Together.

## **Hip, Hip, Hip, Hip, Vine Right & Touch**

1, 2                      Step R To The Side Push Hips Right, Push Hips Left,  
3, 4                      Push Hips Right, Push Hips Left,  
5, 6                      Vine : Step R To The Side, Step L Behind Right,  
7, 8                      Step R To The Side, Touch L Together.

## **Vine Left ¼ Turn & Touch, Hip, Hip, Hip, Hip**

1, 2                      Vine : Step L To The Side, Step R Behind Left,  
3, 4                      Turn 90° Left Step L Forward, Touch R Together,  
5, 6                      Step R To The Side Push Hips Right, Push Hips Left,  
7, 8                      Push Hips Right, Push Hips Left.

## **"V" Step, "V" Step**

1, 2                      Step R Forward At 45° Right, Step L To The Side,

3, 4            Step R Back To Centre, Step L Together,  
5, 6            Step R Forward At 45° Right, Step L To The Side,  
7, 8            Step R Back To Centre, Step L Together.

**[64] Repeat The Dance In New Direction**

**RESTART : On WALL 3 Dance To BEAT 16 ( ## ) Then Restart Facing The FRONT.**

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