

Gentleman PD Style

COPPER **KNOB**
STEPSHEETS

拍数: 176 墙数: 1
编舞者: May Taw - June 2013
音乐: Gentleman - PSY

级数: Phrased Intermediate



Dance Sequence :

A64 - B64 (TAG 4)

A64 - B64 - C48

B32 (2nd half of B64 [counts33-64])

ENDING 32

Introduction 16counts (Starts after 2x8 music)

1,2,3,4 R over L Cross Samba (both hands paddle moves right side)

5,6,7,8 L over R Cross Samba (both hands paddle moves left side)

1,2,3,4 Gallop Diagonal R forward (cross both wrist Gangnam style)

5,6,7,8 Gallop Diagonal L backward (cross both wrist Gangnam style)

PART A64 counts (8x8)

[A1-32]

1,2,3,4,5,6,7,8 Weave R L R L then Weave L R L R

(Arms Movement = Lift both arms up-down-up-clap)

1,2,3,4,5,6,7,8 Weave R L R L then Weave L R L R

(Arms Movement = Push arm out -in-out -clap)

****Repeat for counts 17-32****

[A33-64]

1,2, 3&4 , 5&6 , Tap L toe twice - L Sailor - R Sailor - L Sailor

7&8

(Both hands waving right side ,While doing sailor steps lift arms up & down)

1,2, 3&4 , 5&6 , Tap R toe twice - R Sailor - L Sailor - R Sailor

7&8

(Both hands waving left side , While doing sailor steps lifts arms up & down)

**** Repeat for counts 49-64****

PART B64 counts (8x8)

[B1-8]

1,2,3,4 Jump R forward Diagonal touch L beside, Jump L forward Diagonal touch R beside, Jump R forward Diagonal touch L beside, Jump L forward Diagonal touch R beside

5,6,7,8 Jump R backward Diagonal touch L beside, Jump L Backward Diagonal touch R beside, Jump R backward Diagonal touch L beside, Jump both feet apart R to R & L to L

(Hands Movement for counts 1-8:

While jumping forward& back diagonal - swing hands above head R, L, R ,clap)

[B9-16]

1,2,3,4,5,,6,7,8 Washing Machine style bend body forward ,bodyroll anti clockwise one

Full circle

[B17-24]

1,2,3&4 Hip Bump R, L, RLR with hands movement R,L, RLR

Hands Movement : (R hand to R side, L hand fold to R at chest level , L hand to L side , R hand fold to L at chest level)

5,6,7&8 Hip Bump L,R, LRL with hands movement L,R, LRL

Hands Movement : (L hand to L side, R hand fold to L at chest level, R hand to R side, L hand fold to R at chest level)

[B25-32]

1,2,3&4 Hip Bump R,L, RLR with hands movement R,L, RLR

Hands Movement: (**ALTERNATE raise up R,L, RLR hand –above head**)

5 Hip Bump to L side , with L hand to L side at shoulder level

6 Hip Bump to R side , with R hand to R side at shoulder level

7 Hip Bump to L side , fold L arm to R side at chest level

8 Hip Bump to R side , R hand holding chin (Gentleman POSE)

[B33-64] (**2nd HALF of PART B)**

1,2,3,4,5,6,7,8 (12o'clock)

With feet apart & bend and 'GENTLEMAN POSE' ~Sway hips R,L,R,L,R,L,R,L

1,2 (3 o'clock) [Clockwise movement]

¼ turn R , step L beside R with hip sway R~L

3,4 (6 o'clock)

1/4 turn R , step L beside R with hip sway R~L

5,6 (9 o'clock)

¼ turn R , step L beside R with hip sway R~L

7,8 (12 o'clock)

¼ turn R , step L beside R with hip sway R~L

Hands movement while doing all ¼ turn raise both hands up and swing~ R~L~R~L~R~L~R~L

REPEAT THE ABOVE 16 COUNTS TO COMPLETE [B49-64]

****TAG 4 Counts****

Feet Apart Stand Still *POSE*4 counts~ with hands crossed R over L on shoulder.

***POSE*= (L palm on R shoulder , R palm on L shoulder)**

PART C48 counts (6X8)

1,2, 3&4 R step together ,side chasse

(Hand movement Hand Wave R~L~R~R)

5,6, 7&8 L step together , side chasse

(Hand movement Hand Wave L~R~L~L)

1,2, 3&4 R step together , side chasse

(Hand movement Hand Wave R~L~R~R)

5,6,7,8 Step L to left, Step R to right, Body Bend forward then full swing Upwards raise both hands

1,2, 3&4 R step together ,side chasse

(Hand movement Hand Wave R~L~R~R)

5,6, 7&8 L step together , side chasse

(Hand movement Hand Wave L~R~L~L)

1,2, 3&4 R step together , side chasse

(Hand movement Hand Wave R~L~R~R)

5,6,7,8 Step L to left ,Step R to right ,Body Bend forward then full swing Upwards raise both hands

1,2 Body Bend Forward then full swing Upwards raise both hands

3,4 Body Bend Forward then full swing Upwards raise both hands
5,6,7,8 } With hands raised and crossed wave briskly
1,2,3,4 } With hands raised and crossed wave briskly
5,6,7,8 Slowly open arms sideways and *GENTLEMAN POSE* towards the last
two counts.

REPEAT (**2nd HALF of PART B) = COUNTS B33-64 ONLY (NO TAG)**

ENDING 32 COUNTS

1,2,3,4 R over L Cross Samba (both hands paddle moves right side)
5,6,7,8 L over R Cross Samba (both hands paddle moves left side)

1,2,3,4 Gallop Diagonal R forward (cross both wrist Gangnam style)
5,6,7,8 Gallop Diagonal L backward (cross both wrist Gangnam style)

1,2,3,4 R over L Cross Samba (both hands paddle moves right side)
5,6,7,8 L over R Cross Samba (both hands paddle moves left side)

1,2,3,4 Gallop Diagonal R forward (cross both wrist Gangnam style)
5 L step out to L , Open L hand to L side
6 R step out to R , Open R hand to R side
7 hands crossed R over L on shoulder
(L palm on R shoulder , R palm on L shoulder)
8 Point R hand straight to the front

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