Gentleman PD Style



拍数: 176 墙数: 1 级数: Phrased Intermediate

编舞者: May Taw - June 2013 音乐: Gentleman - PSY



Dance Sequence:

A64 - B64 (TAG 4) A64 - B64 - C48

B32 (2nd half of B64 [counts33-64])

ENDING 32

Introduction 16counts (Starts after 2x8 music)

1,2,3,4	R over L Cross Samba (both hands paddle moves right side)
5,6,7,8	L over R Cross Samba (both hands paddle moves left side)
1,2,3,4	Gallop Diagonal R forward (cross both wrist Gangnam style)
5678	Gallon Diagonal L backward (cross both wrist Gangnam style)

PART A64 counts (8x8)

[A1-32]

1,2,3,4,5,6,7,8 Weave R L R L then Weave L R L R

(Arms Movement = Lift both arms up-down-up-clap)

1,2,3,4,5,6,7,8 Weave R L R L then Weave L R L R

(Arms Movement = Push arm out -in-out -clap)

[A33-64]

1,2, 3&4 , 5&6 , Tap L toe twice - L Sailor - R Sailor - L Sailor 7&8

(Both hands waving right side ,While doing sailor steps lift arms up & down)

1,2, 3&4 , 5&6 , Tap R toe twice – R Sailor – L Sailor – R Sailor 7&8

(Both hands waving left side , While doing sailor steps lifts arms up & down)

** Repeat for counts 49-64**

PART B64 counts (8x8)

[B1-8]

1,2,3,4 Jump R forward Diagonal touch L beside, Jump L forward Diagonal touch R beside, Jump R

forward Diagonal touch L beside, Jump L forward Diagonal touch R beside

5,6,7,8 Jump R backward Diagonal touch L beside, Jump L Backward Diagonal touch R beside,

Jump R backward Diagonal touch L beside, Jump both feet apart R to R & L to L

(Hands Movement for counts 1-8:

While jumping forward& back diagonal - swing hands above head R, L, R, clap)

[B9-16]

1,2,3,4,5,,6,7,8 Washing Machine style bend body forward ,bodyroll anti clockwise one **Full circle**

[B17-24]

1,2,3&4 Hip Bump R, L, RLR with hands movement R,L, RLR

Hands Movement : (R hand to R side, L hand fold to R at chest level , L hand to L side , R hand fold to L at chest level)

5,6,7&8 Hip Bump L,R, LRL with hands movement L,R, LRL

^{**}Repeat for counts 17-32**

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Hands Movement: ( L hand to L side, R hand fold to L at chest level, R hand to R side, L hand fold to R at
chest level)
[B25-32]
1,2,3&4
               Hip Bump R,L, RLR with hands movement R,L, RLR
Hands Movement: ( ALTERNATE raise up R,L, RLR hand –above head )
5
               Hip Bump to L side, with L hand to L side at shoulder level
6
               Hip Bump to R side, with R hand to R side at shoulder level
7
               Hip Bump to L side, fold L arm to R side at chest level
8
               Hip Bump to R side, R hand holding chin (Gentleman POSE)
[B33-64] (**2nd HALF of PART B**)
1,2,3,4,5,6,7,8 (12o'clock)
With feet apart & bend and 'GENTLEMAN POSE' ~Sway hips R,L,R,L,R,L,R,L
1.2
               (3 o'clock) [Clockwise movement]
1/4 turn R, step L beside R with hip sway R~L
               (6 o'clock)
3.4
1/4 turn R, step L beside R with hip sway R~L
5.6
               (9 o'clock)
1/4 turn R, step L beside R with hip sway R~L
7,8
               (12 o'clock)
1/4 turn R, step L beside R with hip sway R~L
Hands movement while doing all 1/4 turn raise both hands up and swing~ R~L~R~L~R~L~R~L
REPEAT THE ABOVE 16 COUNTS TO COMPLETE [ B49-64 ]
**TAG 4 Counts**
Feet Apart Stand Still *POSE*4 counts~ with hands crossed R over L on shoulder.
*POSE*= ( L palm on R shoulder , R palm on L shoulder )
PART C48 counts (6X8)
1,2, 3&4
               R step together ,side chasse
( Hand movement Hand Wave R~L~R~R )
5,6, 7&8
               L step together, side chasse
( Hand movement Hand Wave L~R~L~L )
1,2,3&4
               R step together, side chasse
( Hand movement Hand Wave R~L~R~R )
5,6,7,8
               Step L to left, Step R to right, Body Bend forward then full swing Upwards raise both hands
1,2,3&4
               R step together ,side chasse
( Hand movement Hand Wave R~L~R~R )
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Step L to left ,Step R to right ,Body Bend forward then full swing Upwards raise both hands

L step together, side chasse

R step together, side chasse

(Hand movement Hand Wave L~R~L~L)

(Hand movement Hand Wave R~L~R~R)

5,6,7&8

1,2,3&4

5,6,7,8

3,4	Body Bend Forward then full swing Upwards raise both hands
5,6,7,8	} With hands raised and crossed wave briskly
1,2,3,4	} With hands raised and crossed wave briskly
5,6,7,8	Slowly open arms sideways and *GENTLEMAN POSE* towards the last
two counts.	

REPEAT (**2nd HALF of PART B**) = COUNTS B33-64 ONLY (NO TAG)

ENDING 32 COUNTS

1,2,3,4	R over L Cross Samba (both hands paddle moves right side)	
5,6,7,8	L over R Cross Samba (both hands paddle moves left side)	
1,2,3,4	Gallop Diagonal R forward (cross both wrist Gangnam style)	
5,6,7,8	Gallop Diagonal L backward (cross both wrist Gangnam style)	
1,2,3,4	R over L Cross Samba (both hands paddle moves right side)	
5,6,7,8	L over R Cross Samba (both hands paddle moves left side)	
1,2,3,4	Gallop Diagonal R forward (cross both wrist Gangnam style)	
5	L step out to L , Open L hand to L side	
6	R step out to R , Open R hand to R side	
7	hands crossed R over L on shoulder	
(L palm on R shoulder , R palm on L shoulder)		
8	Point R hand straight to the front	

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